

NORTH STAR NEWS

The Delta Kappa Gamma Society International - Key Women Educators

2 0 1 3 F A L L E D I T I O N

Official Publication of Tau State, MINNESOTA

Volume 62 Number 1

Highlights shared of the Executive Board Meeting October 5, 2013

Tau State Executive Board met on Saturday, October 5, 21013.

Chapter Alpha Chi dissolution was approved. Members may join other chapters in the area.

Tau State auditors found all books to be in order.

Tau State Bylaws and Standing Rules are being submitted to International, which will result in state website being linked to International website.

Tau State computer crashed. Board appointed several members to investigate costs of a new computer and software. The committee will recommend a replacement. Final approval will come from the executive board via an electronic vote.

Tau State Convention was approved to be held in Bemidji

at the Sanford Center on April 17-19, 2015.

National Legislative Seminar will be held in Washington, D.C. on March 16-19, 2014. Sally Nyhus was approved for state mandated support to attend the seminar as a first-timer. Board members reviewed the state strategic action plan. Results will be shared by Kathy Patton.

A state DKG Women's Retreat will be held June 24-25, 2014. Site to be decided.



Tau State members attend Northwest Regional Conference Front Row: Sally Nyhus, Kathy Patton, Phyllis VanBuren, Robbie Johnson, Back Row: Barb Muellerleile, Edna Thayer, Jan Sorell, Marge Bates, Barbara Whiting, Cory Peters, Diane Wippler, and Lorrayne Traut.

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Thoughts From State President Kathy Patton

 M_{y} theme for this biennium is ACT:

Achieving goals Celebrating Communicating Together

Together- Remember I am "Your" state president. We are a team. We need one another.

Celebrating- Don't hesitate to contact me with information about your successes and/or your chapter's success. I would like to have a section in the North Star New where you can "Toot the Horn". Brag about a fellow member or chapter.

Communicating- Don't hesitate to contact me with a question? I will always try to answer emails within days.

Goals- My personal goals are to: Increase communication by starting to randomly call chapter presidents/leadership teams and chapter members to find out your thoughts about DKG and Tau State.

Check out my blog and twitter account.

Celebrate what we are doing well.

Celebrate our reserve members with a note and comfort shawl.

Increase leadership development opportunities.

Sharing resources and encouraging opportunities

I shared two copies of *Lean* In by Sheryl Sandberg at the fall board meeting. I am asking that those two read the book and then share with two others.

Kathy

Kathy's chapter visit schedule: Oct 8: Beta Alpha Oct. 19: Kappa Oct. 21: Alpha Iota The following chapters are welcome to invite Kathy to one of of their chapter meetings: Iota, Pi, Tau, and Alpha Omega.

Now is the time to submit recommendations for the 2014 International Achievement Award. Any member, chapter or state organization may submit a 24 hours and phone calls within two recommendation. A form (MS Word interactive format) for submitting recommendations is attached. Additional copies are available from Society Headquarters and from the Society Website. It is important that the form be carefully and accurately completed in full detail with correct dates of service, because only the information submitted on the recommendation form will be used in the selection process by voting members of the Executive Board.

> If you would like me to submit the form, send me the name of the person you would like nominated.

> I will try and get information as to members who have previously received this award.



Kathy Patton Tau State President 2013-2015



Join the DKG Network on the DKG.net website

For access to exclusive content or to participate in the social network, you'll need to log in. If you're a member of DKG, simply click "Request new password" and follow the instructions. DKG members are pre-registered using the email we currently have on file. Contact us if you need to update your email address. After you log in the first time, you will remain logged in until you log out. You may also click "Request new password" anytime you forget your password or need to change it.

Legislative action summarized from 2013 session

Legislative news from the 2013 Legislative session...

FY 2014-15 budget deficit was \$627 million not including inflation E-12 Education Omnibus Bill:

- Total new funding of \$485 million
- All-day kindergarten: \$133 million
- Pupil weighting changes begin in FY 15 (K-6:1.0;7-12: 1.2)
- Special education: \$40 million to reduce cross subsidy; Allows continued use of prone-restraint by trained professionals
- Referendum/equalization: property tax relief to property-poor districts – allows \$300 of school board-approved levies; Equalization increased by approximately 15 – 65%
- Location Equity Index; Allows shift of existing levy to a school boardapproved levy (Metro \$424 Million; Districts greater than 2,000 - \$212 million; Levy cap reduced by the same amount for districts mentioned)
- Safe Schools Levy: Increase levy by \$4/pupil
- Continued Integration Funding
- Early learning scholarships (vouchers): Provides \$40 million for vouchers for children living in poverty
- Additional funding for Starbase, STEM program, Minnesota Urban League, Augsburg College, compensatory pilot grants, Math Corps, increased

- state aid for school lunch, Teacher evaluation.
- Minnesota Teacher License Exam: Allows the BOT to grant 3 temporary one-year licenses for teachers unable to pass the basic skills exam; establishes a teacher licensure advisory task force.
- GRAD test Eliminates GRAD test requirement and replaces it with: Grades 8 11 career and college readiness such as Explore, PLAN and ACT tests; computer adaptive test must replace MCA paper tests in grades 3 7 by 2015-16
- Compulsory attendance changed from age 16 to age 17
- Requires at least 165 days of instruction (sets a minimum of 850 hours for full-day K and 425 hours for half-day K)

Higher Education Omnibus Law:

- Total funding: 250 million
- Tuition freeze funding: MnSCU \$102 million; U of MN 42.6 million
- College Aid for Schools: \$75 for students
- \$36 million to MnDRIVE to increase scientific research needed to advance Minnesota economy.
- Prosperity Act (Dream Act) passed: allows students, regardless of immigration status, to access: in-state tuition rates, state higher education aid available to all students who meet residency requirements, use private funding as financial aid for all students.

Please contact me if you want specific information about any of these bills: jrohde@isd622.org.

2014 Legislative Challenges facing Minnesota TRA (Teacher's Retirement Association) (Source: Laurie Fiori Hacking, Executive Director of TRA)

- How to address TRA's persistent funding problems. Despite recent sustainability efforts, TRA has 1.77 percent of pay deficiency.
- The Legislative Commission on Pensions and Retirement interim study topics: St. Paul/Duluth merger, COLA changes, switch to defined benefit/defined contribution (hybrid) plan, Lower the interest assumption from 8.5 percent to 8 percent which increases the contribution deficiency to 4.3 percent, decreases the funded ratio from 76 percent to 73.5 percent (market value) and increases cost of consolidation.

FYI Pensions are a shared responsibility: funding for TRA is14% Employees, 17% Employers, and 69% Investment Earnings.
Good news for retirees: You will get a 2% increase in your TRA checks starting January 2014.

Technology data base manager requests information from members to update Tau state website

Because of the redesign of the International website, a lot of reformatting of the Tau State website was necessary to ensure that all links work properly. Additional updating was completed to reflect our new Tau State officers and committee chairs.

The Tau State website is found at < www.deltakappagamma.org/MN/ >.

Because we have not met one of International's policy requirements, the Tau State website is not shown as a link on the International website. Hopefully, this will be remedied soon.

Tau State Executive Board members who want their e-mail address posted on the website need to complete a PERMISSION TO POST E-MAIL ADDRESS ON THE TAU STATE WEBSITE form. If you do not turn in your form at the Fall Executive Board meeting, you can print a copy from the website, complete it, and then mail it to the address indicated on the form. An electronic signature is not acceptable. You must submit your written signature indicating your permission.

We must follow International's Standard for Society Website Certification. If you wish to have a form, registration information, or an edition of the North Star News posted on the website, it means

you have obtained specific written consent (and are keeping it on file) if the item to be posted includes: mailing addresses, e-mail addresses, telephone/fax numbers, news and/or pictures of an individual or group, or copyrighted materials including artwork and text.

Tau State Officers and Chairs need to forward forms that they wish to have posted on the website to me. Please forward it to me, either in Word (saved as .doc and not .docx) and/or PDF format. While I often can provide you with an archived electronic version of a form, you need to complete the revisions and then forward the updated version to me for posting to the website.

Tau State Officers and Chairs need to advise me of dates that should be posted on the Important Dates page of the website.

Chapter leaders need to check their chapter's information on the website. Please verify that the information posted about your chapter is accurate, current and what you want to be shared. Inform me of changes you wish me to make.



It is time for your chapter to look for a worthy recipient to nominate for Tau State's

Outstanding Service Award

This award is given in even numbered years to a person or couple representative of the many volunteers who devote so much time, energy, and caring attention to children and youth. The criteria for this award, the recipient:

- 1. Shall be a noneducator (not currently
 employed as an
 educator; may be a
 person who is retired
 from a career in
 education).
- 2. May be a leader of a youth group (scouts, 4-H, church, sports, etc.) but shall not be paid for this responsibility.
- 3. May be a parent, guardian, or foster parent.
- 4. Shall not be a member of the Delta Kappa Gamma Society International

Nomination/application forms are available online at the Tau State
Website: www.deltakappagamma.org/
MN/forms the completed form should be sent to: Cory
Peters

5191 Rose St. Owatonna, MN 55060

If you have any questions please contact me at 507-451-2103, 507-213-6680 or cjpeters45@q.com

Deadline is January 15, 2014

Chapter program chairs requested to send 2013-2014 programs to state chair by November 1, 2013

A list of programs for 2013-2014 is needed from each chapter by November 1, 2013. Please send the copy you have given to your members. There is no special form for rewriting the information. Please send this to Diane Wippler, Tau State Program Chair, 6651 Highway 2, Saginaw, MN 55779.



Membership Committee seeks new members

The Membership Committee would welcome one or two more members. Chapter Presidents may feel free to encourage members to contact me for more information.

Committee Goals:

The Membership Committee strives to: 1) Increase membership in Delta Kappa Gamma by assisting local chapters with strategies to encourage growth and interest in the society, 2) Support chapters with membership concerns, 3) Support the state Delta Kappa Gamma President and the Society as a whole by assisting with tasks and communications as requested (i.e. the state retreat and correspondence with chapters in trouble).

Chapter Concerns:

Alpha Gamma chapter is considering dissolution. They currently have four members and have not yet decided whether to dissolve or to work to find new members. Kathy Patton has been in contact with this chapter, and the Executive Board would like to work to help Alpha Gamma remain a chapter.

Iota chapter has only nine members; however, Iota chapter has two new-member prospects. The Membership Committee will be partnering with Kathy Patton and the Executive Board to support these chapters in their planning and decision-making.

by Kim Kusler

Chapters asked to submit nominees for Tau State Recruitment Grant

It is time for your chapter to look for a worthy recipient for the Tau State's Recruitment Grant (Grant in Aid)

This \$500 award is given at the State Conference/Convention to a young woman enrolled in an accredited institution of higher learning. The criteria for this award:

- Applicant must be a junior, majoring in education
- 2. Must show evidence of a sincere desire to be a teacher
- 3. Must be recommended by a member of TAU State Delta Kappa Gamma
- 4. Must submit all necessary forms by January 15, 2014 deadline

The application form is available online at the TAU State Website: www.dkg.org/TAU State/forms

Completed forms must be mailed to: Nancy Welken, 12800 58th Ave. N., Plymouth, MN 55442-1435
If you have questions, please contact me at 763-550-9131 or at

c.welken@att.net

Strengthening Chapter Membership

The Delta Kappa Gamma
International Expansion Committee
met recently and discussed chapter
growth and strengthening, establishing
their vision for this biennium –
"Strengthening not only requires
growing and nurturing members, but
requires recruiting, retaining, and
reinstating members".

How can state chapters effectively recruit new members? Successful chapters may consider implementing the following ideas in order to build membership:

- Set a chapter goal to increase membership. Use actual numbers or percentages in your goal, such as "Increase chapter membership this year from 25 to 30". Numbers are more meaningful than simply saying, "Increase our chapter membership." Encourage all chapter members to actively work toward your goal.
- Organize an energetic Membership Committee within your chapter. Ensure the chairperson is dynamic, personable, and dedicated to membership growth. This committee should establish an action plan aligned to your chapter's membership goal.
- Get the word out publicly about your local chapter.
 Send articles to newspapers, and talk about

- your chapter at school and at any gatherings of current and retired teachers.
- Invite potential members to a chapter meeting or social gathering. Several state chapters have held teas; breakfast meetings; after-school, at-school meetings; or parties in members' homes. Provide information on what membership in Delta Kappa Gamma entails. Have fun, encourage, and share!
- Contact large, successful chapters for ideas to recruit new members. Kathy Patton, Tau State President, and the Tau State Membership Committee are also available to assist chapters struggling with membership.
- PEnsure the new member nominations process is simple and not time-consuming for existing members. Make sure nominations forms are readily available and easy to complete. Ask for input and ideas from current members regarding this process.

Let's get excited about growing and nurturing our state chapters this year! Additional information can be found on the Delta Kappa

State Treasurer shares information needed from chapter treasurers



HURRAY!!!

ALL chapters have turned in their Annual Report that were due July 15, 2012.

IRS does not remind you to file your ecard so please be sure to file your ecard 990 NOW!

Then send me the email

acceptance letter by forwarding it to me at dbrusven21@gmail.com
If you need help please contact me. You will need to know your identification number and password that you have used in the past.
These Chapter have not filed their E-card 990 report and/or sent it to me:

ALPHA GAMMA ALPHA THETA ALPHA KAPPA ALPHA NU BETA ALPHA ***Please address you email to me on the subject line: DKG –Your Name – Chapter Name

Example: DKG Dianna Brusven-Alpha Meta To save time you may use your mailing address labels on any DKG forms.

Tau State Jeannette Fair Book Award 2014 Adult Literature

Title of Book: Author of Book: Publisher of Book: Address: _____ Copyright Date: (2008 or more recent) Contact information of author (if available): Email address of author or publisher: Recommended by: Address: Phone and/or email: Please send recommendations to: Marcia Essman 1786 91st St Magnolia, MN 56158 507-283-4138

Deadline for recommendations: November 27, 2013 (or as soon as

possible)

maress625@gmail.com

Nominees for Jeanette Fair book Award wanted

The communications committee will be accepting nominations for the Jeannette Fair Book award this fall. This year is for adult literature. Please submit your nomination by **November 27**, to allow the committee time to read and evaluate all submissions. Please send your nominations to maress625@gmail.com. Please see attached nominations form.

This year's committee is being formed at this time.

Marcia Essman

Communications Chair Maress625@gmail.com



"Books: the good end happily and the bad unhappily. That is what fiction means"

...Oscar Wilde

CHAPTER NEWS

Attention: Chapter Leaders Chapter Audits due DECEMBER 1, 2013 THIS IS A FIRM DEADLINE

Chapter Audit Lists for 2013-14 will be e-mailed to chapter leaders after the fall executive board meeting. Carefully read the directions, complete the information, and return your chapter audit list no later than December 1, 2013 to Rosalie Huston, Date Base Manager. Please PRINT the updated information so that it can be easily read and accurately entered in the database.

The 2013-14 Membership Directory will be emailed to executive board members in January 2014.

Attention: Chapter Leaders and Chapter Necrology Chairs

Necrology Reports

Chapters should send a copy of their necrology reports to the Data Base Manager. This information is shared with the Tau State membership chair and the chapter(s) leading the Service of Remembrance at the spring convention/ conference.

Attention: Chapter Leaders and Chapter Membership Chairs

New Members Reports

Please send a copy of the Membership Form for New Members to the Data Base Manager. This form provides initiation information and teaching history data that is maintained in the Tau State membership database.

Attention: All Members Member Contact Information Changes

Forward all membership address, telephone, and email address changes to the data base manager. Please remember that Tau Sate members are responsible for mailing the International Change of Address Form Card so they can continue receiving their International mailings.

Rosalie Huston, Database Manager



Kappa chapter initiated two new members at their first fall meeting on September 19 held at Proctor Blackwoods. On the left is Nora Twite, a communications professor at UMD, and on the right is Julie Stauber, a communications teacher at Proctor High School. Kappa chapter Presidents Kathy Nelson and Diane Wippler conducted the back to school meeting and led discussion for speakers for the Tau State Spring Conference April 25-27, 2014.

Sigma chapter is planning a tribute to past Tau State President Barbara Merrill. At its October 7, 2013 meeting members shared Todd Bol's ideas for building free little libraries. Sigma is pursuing building and supplying books for a little free library at Barbara's last school in White Bear Lake.

Members who wish to contribute to this memorial should contact Ruth Ranum at Ranum@ranumr@aol.com.

Beta Beta shares World Without Genocide initiative

Imagine yourself sitting in a college building listening to a man share his story as a survivor of a Jewish ghetto in Poland. Imagine being in that room the next day hearing the Ramsey County attorney describe efforts to stop human trafficking of young females in St. Paul. Those are just two examples of presentations organized by World Without Genocide, a human rights organization headquartered at William Mitchell College of Law. However, this was not a course for future attorneys. Instead, these were two of many timely and relevant presentations regarding human rights issues attended by 30 high school students as part of a three day Summer Institute on Genocide and Human Trafficking.

Our Beta Beta Chapter is made up of 37 current and retired educators. As part of our mission, we strive to make a significant difference through active engagement with local educational institutions. During the past two summers, Beta Beta

partnered with World Without Genocide to provide infra-structure support at the Teacher and Student Institutes. In addition, Beta Beta donated \$1500 in scholarship assistance to high school participants.

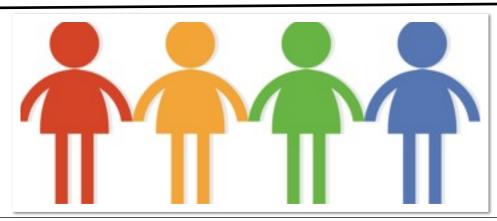
Much of our responsibility as volunteers with the Student Institute was "behind-the-scenes"- providing snacks, setting up and serving meals, transporting participants and presenters. However, Beta Beta volunteers were encouraged to sit in on the sessions and interact with the students. Every volunteer commented on the maturity and sensitivity of the students and their desire to get involved in local and global issues. They noted the students' willingness to take leadership roles and the focus of the curriculum on giving the students strategies to be leaders. Partnership with the Institute gave chapter members renewed confidence in the ability of today's youth to take-on tough issues and work to solve them.

Beta Beta's partnership with World Without Genocide has been a learning opportunity for our members, as we have increased our awareness of human trafficking in Minnesota. It has also provided the opportunity to interact with high school aged youth as they strive to be "upstanders," locally and globally. Next year's topic for both the student and educator institutes is "Twenty Years after the Rwandan Genocide: Preventing Hate Locally and Globally." To learn more about Beta Beta's involvement with World Without Genocide, contact Beta Beta President, Lois Nordling.

Go to

www.worldwithoutgenocide.org to learn more about World Without Genocide at William Mitchell College of Law or contact Ellen J. Kennedy, Ph.D. Executive Director World Without Genocide at William Mitchell College of Law 875 Summit Avenue St. Paul, MN 55105 651-695-7621 kennedy@worldwithoutgenocide.or

Dr. Kennedy is a DKG member. She is scheduled to present at the 2014 Tau State Spring Conference in Duluth and the 2014 International Convention in Indianapolis.



Successful Chapter Accomplishments

Dimension/Task	Check if Completed
1. Every member developed 1-3 individual goals. These goals would be specific to being an engaged DKG member at all levels (chapter, state, international). Challenge-one goal could be something you have never done before.	
2 Developed goals for the next 18 months and submitted your goals to the state president.	
3. Offer clock hours for at least 2 programs this year.	
4. Invited at least 3 potential members to a meeting; and they attended.	
5. Held an information meeting for potential members	
Contact two or more former members about rejoining.	
7. Has or created an elevator speech and the members know it.	
8. Held an initiation ceremony for at least one new member and/or reinstate at least one member.	
 Shared at least 3 member or chapter successes in the NSN or sent the "good news" to the state president. 	
10. Completed a chapter project	
11. 25% of your chapter attended the state conference in Duluth	
12. Submitted an article to the NSN.	
13. 90% of your chapter members know the name of the International president and her theme.	
Total Number Checked	
Key for Success Level	Bronze=6 Silver=8 Gold=10



I will be busy working on the program for the Happy Warblers to perform at the spring conference, which will reflect President Kathy's theme. Please let your chapter members know that they (and you) are "chordially" (as Jewell always said!) invited to e-mail or snail mail me if they (and you) are planning to participate or if you need more information or would like to help.

Looking forward to seeing everyone in Duluth at the Duluth Holiday Inn, April 25 – 27, 2014, for the spring conference and the rehearsal and The Happy Warblers program! And, as always, there will be lots more music at the conference.

Sally L. Nyhus

Dr. VanBuren visits Baja California as DKG International speaker

On October 3, 2013, Dr. Phyllis E. VanBuren left for Baja California as an invited International speaker for the fourth annual state conference. On Friday, she also spoke to about eighty (80) students at a public high school about the importance of being bilingual at a professional level as a means of enhancing economic possibilities in a career as opposed to just securing a job.

Detailed article of her visit will be featured in winter edition of the North Star News.



Northwest Regional Conference in Cheyenne, Wyoming Report by Robbie Johnson

The Northwest Regional Conference took place in Cheyenne, Wyoming on Wednesday, July 31-Saturday, August 3, 2013. "Sharing our Vision-Strengthening our Society", was the theme of the conference. Workshops and presentations emphasized the theme through-out. Several Minnesota leaders including Cory Peters, Edna Thayer, and Phyllis VanBuren were presiders and workshop presenters.

The U.S. Forum speaker, Deputy Director for the Wyoming Attorney General's Division of Victim Services Steven R. Gilmore addressed the members with concerns in the juvenile justice system on domestic violence and stalking.

The Educator's Award was presented to Sara Lawrence-Lightfoot for her book, *EXIT: The Endings that Set us Free*, which emphasizes how people leave one thing and move on to the next, and how humans anticipate, define, and reflect on departures.

Poet Laureate Patricia Frolander spoke at the Celebration Luncheon. She shared how she balances ranching, family and writing. "Grassland Genealogy", published in 2009 and "Married to It, 2011", are two of her poetry anthologies.

Katie Snapp spoke of empowering women to succeed. She is one of the leading trainers in leadership and team building. Her book, *Skirt Strategies*, gives women 249 success secrets to empower them towards leadership.

Northwest members raised \$4,431 for the Emergency fund.

Minnesota's Barbara Whiting presented a workshop on Building Chapter Leadership Capacity Strategies.

This interactive workshop focused on setting goals for making chapters stronger.





Cory Peters displays information on the U.S. Legislative Seminar.



Edna Thayer presents workshop on *A Mirthful Spirit*.



Phyllis VanBuren presents a workshop at the Northwest Regional Conference.

Celebrate!

Celebrate our Past State Presidents

If you don't know these amazing women, I would encourage you to meet one of them. I would be happy to introduce you at the spring conference 2014 in Duluth.

Dr. Phyllis VanBuren 2011-2013 Eta chapter

Cory Peters 2009-2011 Beta Alpha chapter

Dr. Diane Rauschenfels 2007-2009 Kappa chapter

Mary Snorek 2005-2003 Alpha Meta chapter

Roberta Johnson 2003-2005 Sigma chapter

Alice Peterson 2001-2003

Dr. Jeannette Karjala 1999-2001 Iota chapter

Barbara Whiting 1997-1999 Beta Beta chapter

Phyllis Fredlund 1995-1997 Tau chapter

Jean Rolle 1993-1995 Alpha Meta chapter

Delores Fletcher 1989-1991 Beta Beta chapter Arlene Matson 1987-1989 Alpha Meta chapter

Lorrayne Traut (1981-1983) Eta chapter

I offer you these definitions of leaders and mentors to try and give you a sense of these amazing women.

Leaders influence to maximize the efforts of others toward achievement of goals.

Mentors support and encourage people to manage their own learning in order that they may maximize their potential, develop their skills and improve their performance.

Member and Chapter Contest!!!

I would like to have a regular section of North Star News to CELEBRATE good news.

The contest is to name this regular item.

You can submit items about your chapter or members in your chapter. Let's share the good things we do.



Here are a few that I have heard:

Chi chapter shared the best date filled cookies made in Fertile with me at my chapter visit.

Robbie Johnson has a bee farm in North Dakota and produces some awesome honey.

Delores Fletcher has been elected to the board or her association.

Stephanie Dustrud is now Dr. Dustrud and her dissertation has been published.

Diane Rauschenfels was elected to the Northland Foundation Board of Trustees.

Lorrayne Trout is a certified parliamentarian.

Wouldn't it be wonderful to fill an entire page with praises for our fellow members. Delta Kappa Gamma Sisters, Plan to join us for the 2014 Tau State Conference; April 25-27, 2014 at the Duluth Holiday Inn in beautiful Duluth, Minnesota!



Lake Superior will enchant you, Your Kappa sisters will entertain, engage, and inspire you!

Join us for this weekend of fun with...

Key Note speaker - Michelle Lee, KBJR News Anchor and Body Builder "A Leadership with Style" presentation by Phyllis Van Buren Entertainment with several vocal groups Choose to attend learning sessions from a wealth of choices including...

- The historic Fairlawn Museum Children's Home
- M Human Trafficking
- M An International Perspective from Kenyan teachers
- M Amberwing
- Math using Manipulatives
- M A Dr. Seuss Presentation
- M An early childhood author
- For those who are exercise-minded, we are planning a morning stroll on the beautiful Duluth Lakewalk as well as exercising with "Zumba **Gold."**

Mark your calendars! Make plans to join us next spring!

Your Northeast Kappa Sisters...Kappa chapter in Duluth and Delta chapter in Hibbing