



### **Zeta State: A Positive Presence at International Convention**





**Above and Beyond:  
Stepping Ahead in Mentoring**  
by Lynn Holliday, President

The fall brings new members, renewed friendships and Delta Kappa Gamma opportunities galore. Our seasoned members have the know-how and knowledge to lead our new members in effectively using the information that is distributed through the website, the *ΔΚΓ News*, the *Bulletin* and one-on-one interaction. New members as well as members of long-standing: please take the opportunity to work together and learn from one another new technologies and concepts in our educational environment.

As we encourage our members to go beyond the chapter level this year, please think about participating in the activities planned by the Program of Work Committee:

- ◆ Legislative Day, March 13
- ◆ Pre-Convention Seminar, March 30
- ◆ Convention Workshops, March 31

Your committees have already started working on these events and have developed a wide array of activities that will enhance your wellbeing as well as make you “smile” in that you took a little time for yourself. The Convention will be at the Jackson Marriott and room reservations are being taken now.

Our ΔΚΓ Sisters as well as others have helped our sisters along the Gulf Coast to re-establish and “mend” their classrooms, libraries, and individual homes. Through these efforts, our sisters in other states have established friendships and helped disaster victims endure the hardships they continue in the aftermath of Hurricane Katrina. Due to the efforts of the individual states and International, the leadership



Lynn Holliday, Zeta State President

teams of the 11 Southeast Region states have initiated the publication of a cookbook whose profits will be used to replenish individual state and International Emergency Funds. Please help in this endeavor when asked to buy a cookbook. Elsewhere in this issue of *Zeta Data*, you will find a sneak preview of recipes submitted for the cookbook by Society members from Mississippi and Virginia.

In closing, as Key Educators, we are mentors for our members, our fellow teachers, our students and our own children. Sometimes, we never know what effect we have on them until later in life. Take the time to share your knowledge, your laughter and your time with others.

**Membership and Mentoring**  
from Marsha Cummings,  
Membership Committee Chairman

Happy fall! I hope you are enjoying the vibrant colors of the season and that your Delta Kappa Gamma Chapter is in full-action this autumn. Your Zeta State Membership Committee has been hard at work preparing the Mentorship Guidelines. Look for those guidelines at a later date.

The purpose of the mentorship program is to help first-year teachers. New teachers often report feeling isolated,

overwhelmed, and unprepared. Educators across the country now realize that new teachers cannot be left alone to “sink or swim.” Building a caring one-on-one relationship with another adult encourages self motivation, competency, flexibility, and independence. When a new professional partners with a caring mentor, such qualities are built and enhanced; plus these are the very same factors which promote resiliency—the ability to rebound and successfully adapt to adverse situations. Research and current practice indicate clearly that mentoring is a critical component in welcoming new teachers into the profession and supporting improvement and practice.

We hope that each Zeta State Chapter will implement a Mentorship Program during the 2006-2007 school year going along with our theme, “Above & Beyond: Stepping Ahead in Leadership, Membership and Mentorship.” The Membership Committee would love to see 100% participation in this endeavor. The outcomes can be rewarding on both a personal and professional level. If you have questions, you can consult your Chapter President or Chapter Membership Chair; I am also available to answer any questions. I hope that you will decide to become a mentor and make a positive difference in a new teacher’s life. You could be the ‘missing link’ that makes their first year successful!

### **Zeta State Mentorship Ideas** from your Zeta State Membership Committee

#### **Mentor Qualifications/Responsibilities:**

- Any Delta Kappa Gamma member with a minimum of 5 years experience.
- Consider yourself a good teacher/mentor.
- Support at least one mentee. (could have more if you wish to dedicate the time)
- Commit to one year of mentorship.
- Make initial contact with your assigned mentee.
- Please make sure that your mentee understands that you are more than willing to help him/her learn about Delta Kappa Gamma and school experiences provided that they let you know what type of assistance is needed.
- Schedule and plan activities on a monthly basis with mentee.
- Agree to submit a brief report on your Mentorship experiences to the Zeta State Membership Chair at the end of one year.

#### **Mentee Qualifications/Responsibilities:**

- ⌚ Open to any first year teacher or first year Delta Kappa Gamma member.
- ⌚ Commit to one year of mentorship.
- ⌚ Utilize your time with your mentor – ask questions; your mentor is willing and able to help you, provided she knows what type of assistance is needed.
- ⌚ If you are unable to attend a scheduled meeting with your mentor, make sure that you call to cancel.
- ⌚ Agree to submit a brief report on your Mentorship experiences to the Zeta State Membership Chair at the end of one year.

#### **Relationship parameters:**

- Either party can terminate the relationship at any time.
- Appropriate, professional behavior is expected and required.
- Accountability is a must; keep your promise and meet your commitments.
- The relationship is based on trust and confidentiality.

#### **What you can get from your initial meeting:**

- ❖ Personal likes/dislikes of teaching
- ❖ Frequently recurring problems in teaching
- ❖ Major rewards of teaching
- ❖ Skills most utilized in teaching
- ❖ Employment outlook on profession
- ❖ Professional associations he/she is active or associated with
- ❖ Benefits of profession
- ❖ Aspects of his/her education and other skills that help most on the job

#### **Mentoring Activities**

##### **at the Chapter level...**

- Educate chapter members so that they understand the importance of providing support and encouragement to new teachers as well as understanding the challenges younger teachers face.
- Develop a mentoring plan to link retired teachers with novice teachers. Establish a chapter

committee to solicit retired members as volunteers in a school for one hour per week.

- Invite new teachers to attend chapter meetings that focus on educational issues. (Remember, these new teachers are future members of the Society.)
- Hold a welcome tea for new teachers in schools or districts represented by chapter members.
- Serve a brunch at a new teachers' meeting at the beginning of the school year. Tell them about Delta Kappa Gamma and about your mentoring program.
- Collect books from members to donate to the classroom library of a new teacher.
- Invite new teachers to chapter, area, and state events.
- Provide a welcome basket for new teachers. Provide items donated by chapter members that are not usually supplied by the school, like stickers, markers, post-it notes, etc.
- Compile the experiences and helpful hints of chapter members and publish a booklet for new teachers.
- Compile information on exciting classroom activities, songs, and art projects to give to new teachers. Invite new teachers to a chapter meeting and demonstrate techniques and some of the ideas.
- Give tips for surviving: first day, first week, first month
- Provide Saturday or after school workshops for new teachers.

#### At the Members level...

- ⌚ Help a new teacher get materials ready for the first day and week of school.
- ⌚ When you get supplies for your classroom, get supplies for a new teacher.
- ⌚ Have lunch with a new teacher.
- ⌚ Volunteer to cover yard duty when the new teacher feels stressed.
- ⌚ Be a big sister to a new teacher
- ⌚ Retiring soon? Start giving materials and ideas to a new teacher at your grade level.
- ⌚ Be available to listen to the ideas and frustrations of the new teacher.

#### Retired Members

- ❖ Volunteer in the classroom as a story reader and as a chaperone on field trips.
- ❖ Make a weekly visit in a classroom to give one-on-one attention to a needy student.
- ❖ Volunteer in the classroom at strategic times of the year: Help with setting up room environments, help with test practice; help with student assessments at the beginning of the school year.

#### Informal Mentors

What can the members of Delta Kappa Gamma do to become informal mentors to those new to the teaching profession? How can we make a difference?

It is true that many states have mandated formal mentoring programs. Delta Kappa Gamma members, however, can become **informal** mentors to new educators, rather than part of the structured process. **Their role is trusted friend, experienced colleague, sharer of wisdom, suggestions, and humor.**

#### The Many Roles of a Mentor

The word mentor, in historical usage, connotes trust, confidence, and unwavering commitment to another. At times, the term mentor is used interchangeably with counselor, guide, tutor, or coach. These words suggest relationships that are deep and long term rather than superficial and short term. Several roles that a mentor plays are truly important:

- **Supporter**  
Conveys a personal interest in the Mentee
- **Listener**  
Provides emotional support  
Asks questions; listens for the answers
- **Resource**  
Ensures the Mentee has materials and supplies
- **Advisor**  
Gives feedback and makes suggestions
- **Coach**  
Helps the Mentee gain a vision for success
- **Colleague**

Knows the strengths, faults, and limitations of the Mentee and believes in her anyway

### What kind of support does a new teacher need? Ask!

First-time teachers don't just start a job once; rather, they experience a whole year of "firsts": starting school, parent conferences, report cards, holiday parties, curriculum writing, and so on.

Delta Kappa Gamma members have the characteristics necessary to become mentors. Mentors can be "dealers in hope," the greatest of all possessions. If you can be the person who bestows that gift on others, they will be forever grateful.

Additional responsibilities of the mentor:

- To build trust and rapport
- To meet regularly and often, formally and informally
- To communicate about the school – culture, climate, policies, procedures
- To interpret the curriculum and establish priorities for teaching
- To function as a sounding board and mirror
- To be non evaluative
- To model professionalism
- To provide a supportive, positive and optimistic attitude

### The Mentee

The mentee may be a young adult in a first full-time position, an older adult making a career change, an experienced teacher returning after several years' absence, or an experienced teacher in a new assignment. Having a supportive mentor – accessible, wise, flexible, and accommodating to the questions the new teacher has – is important for first-year success. It establishes a lifetime bond of friendship and affects the attitudes and skills of that new teacher. The caring support of a mentor is a key factor in the retention of teachers.

Small, but easy actions by a mentor that make a difference:

- ❖ Smile – a lot
- ❖ Spend time with the mentee
- ❖ Give more positive feedback than fault-finding
- ❖ Offer encouragement

❖ Use eye contact

Make the commitment to be a mentor. Be a friend to a new teacher. Be flexible. Sometimes the mentor just needs to be available, no matter what! Take the time to make a difference. Be a "Merchant of Hope." You can make a difference!

## WHERE DOES MY "DUES" MONEY GO?

From Sarah Smith, Treasurer

Have you ever wondered what happens to your money when you pay your "dues" to your chapter treasurer? The amount you pay covers international and state dues, a scholarship fee, chapter dues, and possibly an assessment. This amount is distributed as follows:

<u>Active Members</u>		<u>Reserve Members</u>	
International Dues	\$20	International dues	\$10
State Dues	15	State Dues	5
Scholarship Fee	<u>1</u>	Scholarship Fee	<u>1</u>
Total	\$36	Total	\$16

The amount you pay for dues, fees, and assessments above the amounts required by Zeta State and International is determined by your chapter. Any amount above \$36 for an active member and \$16 for a reserve member is the part of dues and/or assessments belonging to your chapter. This is the operating money for your chapter. Only your chapter can require an assessment.

Dues should be paid in a timely manner. Members who do not pay by the deadline must be dropped from membership. Your chapter treasurer sends the State and International portions of dues and scholarship fees to the state treasurer by November 10. The state treasurer then forwards the International portion to our Headquarters in Austin. Finally, your "dues" money has reached its destination and is ready to do its part in the work of our Society.

## Stepping Ahead with Chapter Programs and Yearbooks

from Jeanette Reinike

Zeta State's LAMP Retreat at Lake Tiak

O'Khata provided an opportunity for chapter members and their incoming officers to move *above and beyond*. Newly-elected chapter first vice presidents (Program of Work Committee Chairmen) and yearbook chairmen gathered to explore their new responsibilities, share success stories, make new friends and renew old acquaintances, and enjoy fabulous food.

Zeta State First Vice President/Program of Work Committee Chairman Jeanette Reinike emphasized the team approach to program planning and encouraged the chapter program chairmen to use the Honor Chapter Criteria as the springboard in planning their programs. Doing so, she asserted, would provide readily available program ideas, involve more members in the work of the chapter, and generally assist the chapter in maintaining procedures and activities consistent with those of the state and international levels of the Society.

Practical, down-to-earth program ideas were presented by several members of the state Program of Work Committee: Faye Barham, Research; Linda Hollingsworth, Music; Angela Bedenbaugh, Legislative Consultant; and Sharon Wheeler, assisted by Janice Puckett, Professional Affairs.

The newly-revised list of yearbook criteria was reviewed and discussed. Two new required items on the yearbook checklist are the inclusion of the state president's theme and goals and the addition of the words of the Zeta State song "Delta Kappa Gamma Are We." Another change in the evaluation of yearbooks is the elimination of the point system. Because only those yearbooks that contain 100 percent of the list's required items receive recognition at the district meetings and state convention, the state Program of Work Committee determined that the point system is unnecessary.

Reinike reminded those attending the training session of the continued effort to create an online chapter program bank and encouraged all chapters to submit at least two outstanding program ideas to be included in the bank. Deadline for submission is October 31, 2006. These programs will be compiled and be available on the Zeta State website at a later date.

At the workshop's conclusion, participants commented that, though they may have had qualms and anxiety when they accepted their positions, the information and ideas shared with them helped them to feel

confident and well-equipped to lead their chapters in the 2006-2008 biennium.

### On a Personal Note: A Mountaintop Experience

from Sandra McKiernon

Dr. Jensi Souders invited me to be her guest at the 2006 XI State Convention at The University of the South in Sewanee, Tennessee, June 8-10. I drove to Jensi's house in Ooltewah on Tuesday, and we met the International guest, Beverly Helms from Florida on Wednesday at the airport. Jensi fed us a delightful lunch in Chattanooga and then drove us up the mountain to Sewanee.

We checked into The Rebel's Rest, a rustic/modern bed and breakfast on campus, and were then given a tour of the campus by Jensi. Joining us was another guest, Carolyn Pittman, our Southeast Regional Director. That night we were treated to a steak dinner at a cabin off campus owned by a family member of a XI State member. The view was spectacular!

The convention began on Thursday at noon with a dutch treat lunch at the Sewanee Inn. Lots of hugs and warm greetings were found here as XI State members greeted one another and prepared to begin their three days together at registration. That afternoon XI State President, Elaine Warwick, presided over her executive board meeting. Following the executive board meeting was a delightful orientation tea for the 40 first time convention attendees. Janice Sorsby presided over the tea. The punch and scones were delicious, and then each person was introduced and took time to tell a little about herself to the group. That night we all had dinner in the dining hall. Eating in the dining hall made us all feel like college coeds again, and the food was delicious!

Thursday night the first general session was held. This included the presentation of colors, some fun music, the introduction of the international visitor, and greetings from Randall Taylor, director of conferences at the university. He delighted the ladies with jokes and gave away prizes from the university to some in the audience.

The highlight of the evening was the ORDER OF THE ROSE CEREMONY.

Twenty-one XI State members who have been active at the chapter level and in their communities were recognized. Each one was escorted across the state by another member and presented a certificate and pin. This is XI State's way

to recognize members who have been active at the local level but not at the state level. I was most impressed that several of these ladies had never attended a state convention. That will certainly change for them. One cannot come to Sewanee and not want to return again.

On Friday Society workshops were held both in the morning and afternoon. The XI State Awards Luncheon was held at noon, and chapter awards were presented at this time. A "Books From Birth" update was presented giving an update on the number of books were given to the children of Tennessee. Every month the children ages 1-5 are given a book, making them receive a total of 60 books during the five years. What an excellent way to be sure children are encouraged to read.

The President's Banquet was held on Friday evening. The outgoing and incoming chapter presidents were presented and a delicious meal was enjoyed. The XI State Achievement award was presented to Becky Sadowski, and Dr. Beverly Helms, International Member at Large, delivered the banquet address. A reception was held immediately following the banquet in honor of the state officers and guests attending the convention. It was my honor to be one of those honored guests. I also had the highest bid on two of the silent auction items at the convention, and I had to have help to get all my "loot" out that night. Over \$4,000 was raised from the silent auction and was sent to replenish the International Emergency Fund, which was depleted from the hurricanes of 2005.

Saturday morning was the highlight of the convention. After a delicious brunch, where I was presented with over \$5,500 from XI State for Trent Lott Middle School, everyone gathered at All Saints Chapel on campus for the Hour of Memory. This beautiful setting allowed XI State members to remember those members who they lost in death this past year. After a moving ceremony all attending gathered outside the chapel as Jensi Souders played the Delta Kappa Gamma Song on her flute. I cannot begin to tell you how moving it was as we all joined hands at the end of our song there on that beautiful summer day on the top of that mountain! My wish for everyone is that they could have the "Mountain Top" experience that was given to me the summer of 2006.

### **ZETA STATE ACHIEVEMENT AWARDS 2007: HONOR YOUR MENTORS WITH A RECOMMENDATION**

from Sandra McKiernon

The Zeta State Awards Committee will be meeting soon to select the next (2) recipients for the Zeta State Achievement Award to be given at the 2007 Zeta State Convention. Anyone wishing to nominate someone for this award must get the nomination to the committee by February 1, 2007. Below are the guidelines to follow when nominating a member for this award.

Nomination must be made by chapters, not by individual members. It may also be made by any member of the Executive Board or a member of the achievement award committee.

Only active members who have made outstanding contributions to education and have done or are doing work that contributes to the growth of Delta Kappa Gamma can be considered.

A candidate must have had seven years of active membership and be in good standing. The years need not be consecutive.

No person shall receive the award a second time.

No state president is eligible for the award during her term of office.

Members in the same chapter may not receive the award in successive years.

A recommendation form showing the candidate's qualification must be submitted to the committee in typewritten form by February 1, 2007

Anyone needing a form, see your chapter president - or visit the forms page at our state website:  
[www.deltakappagamma.org/MS](http://www.deltakappagamma.org/MS)



## Mentoring Future Educators...

From Sharon Wheeler

Does your chapter have a Grant-in Aid that provides tuition assistance for worthy college students who are pursuing education as a vocation? If so, the recipient at your chapter level is eligible to apply at the state level for a \$500.00 award.

The applicant should be a student who is:

- ❖ a female resident of Mississippi.
- ❖ a grant-in-aid recipient from a local chapter
- ❖ an incoming senior who has exhibited an aptitude for and desire to pursue a career in the field of education
- ❖ recommended by a local chapter.
- ❖ currently attending a Mississippi college or university

Note: entrants who do not meet these minimum qualifications are not considered.

The deadline for application, essay and letters of recommendation should be postmarked **February 1**. Please mail only **one copy** of the application to the Professional Affairs State chairman. It is not necessary to send a copy to every committee member. Every chapter president has a copy of the application form and procedure in their President's Notebook. Applicants are scored on a rubric and selected by members of the Zeta State Professional Affairs Committee. The winner is announced at the Zeta State Conference, March 301– April 1.

Another dynamic in supporting the **future** educators is honoring **past** educators who have had a profound impact on your career. If you would like to make a contribution to the Zeta State Grant-in-Aid in honor of or in memory of an influential educator in your life – please contact Sharon Wheeler, Chairman, Professional Affairs Committee. Your honoree will receive prominent recognition at the State conference and in the Zeta Data.

The committee has already started receiving applicants for this year. We look forward to hearing from your chapter.

## Mentoring Through Music

from Linda Hollingsworth, Zeta State Music Chairman

"Mentoring through music" is a wonderful way to involve everyone in your chapter. The Zeta State Music Committee has given each chapter a music CD for teaching our songs and a notebook of resources for programs throughout the year! It is important to survey your chapter members to find out their various artistic and musical talents, early in the year, in order to involve them in each program that you have! The Chapter Program committee and Music committee should work together to mentor by involving everyone in the chapter through their talents and their willingness to be involved. Have a wonderful year...you might just be surprised at what a talented chapter you have!"

## Replenishing Our Emergency Funds

from Linda Lightsey

The International Emergency Fund was created in 1948 to assist Society members who sustain major losses from floods, tornadoes, hurricanes, and other natural disasters. Members who have sustained major losses from these catastrophic events may be recommended by their chapter and state organization presidents to receive a \$500 Emergency Fund Award. Additionally, Zeta State members who experience such losses may be eligible for a Zeta State Emergency Fund Award of up to 200.00. Both the International and the State Emergency Funds are derived from voluntary contributions.

In the aftermath of Hurricane Katrina, Zeta State awarded a minimum of \$14,400 to storm victims. The current issue of the *ΔΚΓ News* reports that the International Emergency Fund donated more than \$224,000 in emergency relief this past fiscal year.

These expenditures have severely depleted both Emergency Funds.

In an effort to help replenish these monies, the Southeast Region is publishing a cookbook entitled *Delta Kappa Gamma Entertains*. At a cost of \$12.00, this book will have over 400 recipes. We hope that EVERY MEMBER OF ZETA STATE will buy at least one copy. Every penny over and above the printing and shipping costs will be divided between the state and international funds.

Check with your chapter president or Cookbook Committee Chairman about ordering your copy now. We are asking that each chapter keep an accounting of the books ordered by its members and that the chapter order form and one check from the chapter treasurer be sent to Linda Lightsey, (see address in directory).



Books will be available for purchase and for pickup at the State Convention, March 31-April 1, 2007. More information concerning pickup will be sent to chapter presidents as convention time approaches.

## Mentoring through Personal Growth and Services...

From Becky Rhinehart

The Personal Growth and Services (PGS) Committee has many opportunities in which chapters and members to participate in mentoring. In October, chapter PGS Committee members received their packets for the Numeracy and Literacy Project and Woman of Distinction information. With the Numeracy and Literacy Project, our chapters have the chance to mentor classes, students, or assist with existing programs. Women of Distinction are women who have mentored new members in their chapters, new teachers in their schools, and the students in their classes.

Our committee suggests that chapters investigate ideas presented in the new Delta Kappa Gamma program manual. Please remember the deadlines – December 1, 2006 for Woman of Distinction and February 1, 2007 for the Numeracy and Literacy Project.

## THANK YOU...

Dear Southeast members,

Serving as your 2004-2006 Regional Director has been a deep pleasure. The Southeast Region members are caring, generous, creative, committed, diligent, and gracious. I am proud to stand with you as a Delta Kappa Gamma member and as a citizen of the world.

Thank you very much for the generous gifts that Beverly Helms presented to me during the SE Breakfast in San Diego. The gold boot necklace makes me smile. I love it and wear it most of the time. The jewelry box will sit on my dresser and remind me daily of our good times and our profound friendships. Most of all, thank you for making a contribution in my honor to the Emergency Fund. It pleases me very much to know that you know how meaningful it is to me that we support each other in all ways possible.

The memories of the biennium just past are golden. Thank you for that.

Fondly,

**Carolyn Pittman**

2004-2006 Southeast Regional Director

## A BIG Welcome to our new members!

INITIATES—JANUARY 1-JUNE 30, 2006

Beta—	Ruthie Stevenson
Gamma—	Elisa Baty, Brooke Nyland, Linda Arledge
Eta—	Tina Fitts, Marlo Hendrix, Dana Jones, Amy McCain, Kelly Moss, Joy Stanford, Jamie Stormet Ryan
Theta—	Victoria Wallace
Xi—	Jennifer Bond, Judy Hurtt, Judy Blackwell
Rho—	Cheryl Allen
Alpha Alpha—	Patricia Muscio, Deborah Byrd
Alpha Gamma—	Deborah Campbell, Terri White, Ellen Ruffin, Kristina Pollard, Sametra Chisolm, Deidre Smith, Devin Walsh
Alpha Epsilon—	April Davis
Alpha Iota—	Gloria Turner, Stephanie Craven
Alpha Phi—	Wessie Gee, Lisa Branch, Sherry Cook, Pam Hammond, Elizabeth Musselwhite, Lou O'Bryan, Diann Parker, Mary Courtney Wilson
Beta Alpha—	Janet Norris, Gale Peel, Fannie Green, Charlotte

## Thank you ...

Chapter presidents were asked to submit names of members in their chapters who have served and mentored Zeta State members for at least 50 years. We salute these ladies in their efforts to instill the Purposes and Mission of The Delta Kappa Gamma Society International to those who have become members since their initiations into the organization.

Beatrice Campbell	Delta Chapter
Mary Lou Godbold	Kappa Chapter
Doris Hinton	Omicron Chapter
Bess Hollingsworth	Tau Chapter
Ruby Jones	Iota Chapter
Anna Mae Williams	Delta Chapter

Josephine Williams      Theta Chapter  
 Helen Young              Alpha Alpha Chapter  
 The dedication and support of The Delta Kappa Gamma Society International from these ladies can be an inspiration to all.

### ***Congratulations ...***

#### **Sharon Prescott, Iota Chapter received the Mamie Sue Bastian Scholarship for 2006 - 07 from the Delta Kappa Gamma Society International.**

On the International level as well as the state, members are given the opportunity to apply scholarships and stipends to further their education or attend seminars. It is encouraging to find that we have members who take part in International opportunities such as applying for the Lucile Cornet Professional Development Seminar Awards given quarterly. Awardees include the following:

Felicia Robinson	Alpha Chi Chapter	May 2005
Sharon Wheeler	Beta Chapter	September 2005
Pam Price	Beta Chapter	November 2005
Debbie Sigler	Beta Chapter	November 2005
Linda Hollingsworth	Pi Chapter	May 2006
Aleta Sullivan	Delta Chapter	September 2006

### **FYI...**

Contributions given by Zeta State Chapters for the International Convention Southeast Region Breakfast helped to supply toiletries to the following establishments in the San Diego area:

Spring Valley Elementary School\*

Bancroft Elementary School\*

Storefront School – Homeless Teens

Stand Up For Kids – Homeless at Risk Youth

Women's Resource Centers

Thank you for making our part of the project a SUCCESS!

\*Schools in low socioeconomic areas of the city

### **Member Earns Doctorate**

August 30, 2006 ([www.deltakappagamma.org](http://www.deltakappagamma.org))

Society members who earn their doctorates during the biennium are honored at each international convention. In San Diego, these scholars were recognized and presented a red rose at the Reflections of Excellence Luncheon. Forty-three women submitted the appropriate documentation, according to Standing Rule 2.7. Mississippi was represented by Selma Marquita Wells Watson, of Rho Chapter receiving her Ed.D. in 2005 from Nova Southeastern University. Her Dissertation topic was "Improving Reading Achievement Using a Vocabulary Intervention Program" (Nova Southeastern University, 2005)

**ΔΚΓ Entertains.... Sneak Preview*****From Virginia:*****Virginia Apple Smothered Pork Chops**

<b>6</b>	<b>Pork Chops</b>	<b>3 Tsp.</b>	<b>Molasses</b>
<b>2 tsp.</b>	<b>Salt</b>	<b>3 Tsp.</b>	<b>Flour</b>
<b>1 ½ tsp.</b>	<b>Sage</b>	<b>2 C.</b>	<b>Hot Water</b>
<b>1 Tbsp.</b>	<b>Cider Vinegar</b>	<b>3</b>	<b>Tart Apples</b>
<b>1/3 C.</b>	<b>Raisins</b>		<b>Vegetable Oil</b>

Season each chop with ¼ tsp. salt and ¼ tsp. sage. In skillet, slowly brown chops on both sides in a small amount of vegetable oil. Place chops in a swallow baking dish, reserve drippings. Peel, core, and slice apples ¼ inch thick; arrange on chops. Pour molasses over apples and chops. Sprinkle flour over drippings in skillet, cook until brown stirring occasionally. Slowly add water, stirring to keep smooth; bring to a boil. Stir in Cider Vinegar, ½ tsp. salt and raisins. Pour over apples and chops. Cover and bake at 350 degrees for one hour.

***From Mississippi:*****Mammy's Pound Cake****Ada Mary Bond, Alpha Lambda Chapter**

<b>1 C</b>	<b>Crisco</b>	<b>3 C.</b>	<b>Sugar</b>
<b>¾ tsp.</b>	<b>vanilla</b>	<b>¾ tsp.</b>	<b>Black walnut flavoring</b>
<b>6</b>	<b>eggs (room temperature)</b>	<b>3 C.</b>	<b>Flour</b>
<b>¼ tsp.</b>	<b>Soda</b>	<b>½ tsp.</b>	<b>Salt</b>
<b>1 C.</b>	<b>Buttermilk</b>		

Cream shortening and sugar. Add flavoring. Add eggs one at a time, beating well after each addition. In a separate bowl, mix well, flour, soda & salt. Add flour mixture to creamed mixture alternating with buttermilk. Bake in greased 10 inch tube pan for 1 hour 15 minutes or until cake tests done.

*We hope you enjoy the above recipes and that you will support the efforts of the eleven Southeast member states involved in replenishing the International and State Emergency Funds. Look for another state's sample recipes in our next issue.*

**Zeta State Officers****President: Lynn Holliday****First Vice President:  
Jeanette Reinike****Second Vice President:  
Karen Rhodes****Recording Secretary:  
Linda Lightsey****Corresponding Secretary:  
Karen Fayard****Treasurer:  
Sarah Smith****Northern District Director:  
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Director:  
Betty Williams****Central District Director:  
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