



THE CHIPS OF GRANITE
DELTA KAPPA GAMMA
SOCIETY INTERNATIONAL
NEW HAMPSHIRE STATE CHAPTER

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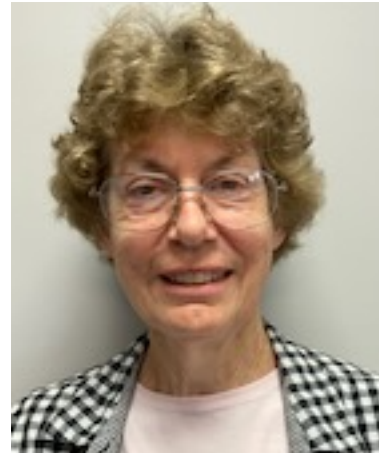


Dear DKG New Hampshire State Sisters,

President's Letter

By Terry Thompson

It is hard to believe we are more than halfway through the summer; the new school year will soon be upon us. Also, our DKG chapter meetings and the DKG/NH State Fall meeting are soon to begin and will hopefully offer opportunities to be together, provide learning experiences, and offer support to all.



The highlight of my summer was attending the DKG International Convention in National Harbor, Maryland. New Hampshire was represented by Maurine Henry, Peggy Saunders, Janie Sweatt, and me. The DKG International Convention, which occurs in July in the even years focuses on the DKG International Society by-laws. All attendees have an opportunity to speak and offer input on proposed changes and additions to the by-laws. After each discussion all members vote using an electronic device which records the votes and delivers the results within a minute or two. If nothing else, it is a fascinating use of technology, which in this case worked well.

There were approximately 800 attendees at the Convention, representing all US states and 20 foreign countries. The flag ceremony representing the participating countries was impressive. The DKG International conventions and conferences are opportunities to meet and connect with

women from across the country and the world. I hope you will consider attending the DKG International Conference in New Orleans next summer, scheduled from July 29-August 2, 2025. Remember, partial funding is available for you through our NH State Scholarship program. Application forms are in the appendix of your directory.

In addition to the large group voting sessions at the convention, there were Keynote speakers, a variety of Spotlight Sessions (workshops) and Topic Talks (opportunities to discuss current issues generated by the attendees). Margot Lee Shetterly, the author of Hidden Figures, offered a thought-provoking Keynote Presentation. She spoke about the research for her book which touched on issues of race, gender, science, and innovation during WWII and the Civil Rights Era.

One Spotlight Session I found to be particularly informative was conducted by the Executive Board of the DKG International Educators Fund. Even though I have been a DKG member for over 16 years, I was unaware of the many opportunities and the financial support available through DKGIEF. Donations for DKGIEF are obtained from grants, member contributions, fundraising events, and annual donations from states and individual chapters. DKGIEF awarded close to \$1,000,000 between July 1, 2020, to June 30, 2023, to individual members and non-members, states, and chapters. What previously were separate programs and committees are now under the DKGIEF umbrella.

DKGIEF offers the following funding opportunities:

Cornetet Award: Individual professional development (members & non-members) & educational seminars (members).

Educational Projects: Funding for projects to benefit children and education to members and non-members.

Educators Award Fund: Selected women authors receive cash awards for non-fiction writing impacting education.

Emergency Fund: Solely supported by donations, the Emergency Fund helps members with a major loss due to a natural disaster.

Eunah Temple Holden Leadership Fund: The ETH Fund supports superb speakers for international meetings and other leadership events.

Golden Gift Fund: The Golden Gift Fund offers professional life-changing leadership management seminars.

International Speakers Fund: Going beyond borders, the International Speakers Fund sends members as speakers into Society countries other than their own.

Scholarship Fund: International Scholarships are awarded annually to members for graduate study.

World Fellowship Fund: World Fellowships are awarded to non-member women educators who are continuing their education.

New Hampshire members and chapters have benefited from DKG funds over the years:

- Delta chapter received two grants for their educational project: Books, Bags, and Stuffedies Literacy Program.
- Several NH members have received scholarships for degree programs.
- New Hampshire has more than one recipient of the Golden Gift Award.
- All state presidents are invited to attend a fully funded two-day training session at the beginning of each biennium, sponsored by the Eunah Temple Holden Leadership Fund.
- Many of your DKG sisters in northern New England have received emergency funds following the extreme weather events we have recently experienced in our region to help them clean and rebuild their homes.

You might want to consider applying for funding individually or for your chapter. Descriptions, criteria, and applications can easily be found on the DKG Website. “DKGIEF” is the 6th topic listed under the DKG header.

DKG International and NH State Calendar and Due Dates

NH State Fall Meeting: Saturday, September 14, 2024: New Hampshire Aviation Museum: Londonderry; 10:00 am (Hostess: Delta Chapter)

NH State Executive Board Meeting: Monday, January 6, 2025; 9:00 am – noon; Virtual

NH State Spring Conference: Thursday – Saturday, March 27 - 29, 2025; Holiday Inn, Concord (Hostess: Epsilon Chapter)

Tri-chapter Meeting: Saturday, April 26, 10:00 am, Meredith Community Center, Meredith (Hostess: Beta Chapter)

DKG International Conference: July 29 – Aug. 2, 2025, New Orleans, Louisiana

DKG International Convention: Aurora, Colorado (Gaylord Rockies), June 30 – July 4, 2026

World Fellowship News from Ros Seidel

Ros Seidel, Beta Chapter “World Fellowship” representative

I continue to keep in touch with the former Minister for Education for Afghanistan, Rangina Hamidi, about her efforts to include a school for girls within Kandahar Treasure. KT is a women’s center which Rangina founded, where women create exemplary and unique embroidery using the traditional Khamak method. (Those interested in learning more about Kandahar Treasure can visit the newly upgraded site, kandahartreasure.com.)

The mission of the new school for girls, *Education Within Boundaries: Afghan girls creating their future*, is to provide a place for young women to gather to receive training and education in business and design. The school will use a youth mentorship approach by implementing a series of dialogues, lessons and activities led by local women leaders and Rangina Hamidi, KT founder and former Minister for Education. The program aims to offer hope, instill resilience and build confidence in a generation of girls and young women who currently do not have the means to expand beyond traditional roles of Afghan women. If successful, the program will continue beyond this inaugural year to offer hundreds of young Kandahari women the opportunity to sustain their mothers’ and ancestors’ traditions while creating possibilities for themselves and one day, their own daughters.

If your Delta Kappa Gamma chapter is interested in supporting this cause with a financial donation, or if you would like to have more information about this program, please contact me, Ros Seidel (ros.seidel@gmail.com) and I will be sure to connect you to the information you need. Thank you!



These are the women artisans of Kandahar Treasure. Rangina Hamidi is third from the left in the second row and has her arm around a woman in white.

News from DKG International by Jane Sweatt

1. The New Bees is a project to introduce new DKG members to the wealth of activities and opportunities available during the DKG International conference. I enjoyed seeing and meeting people who were introduced as part of the Zoom meeting the Tuesday before the conference. We met many “hive keepers”, spoke about our interest in DKG and what we were looking forward to at the conference.

I also enjoyed the gathering on Tuesday evening of the conference, meeting my “hive keeper” and others in person. The intent of the zoom meeting and gathering Tuesday evening was to assure the new attendees their hive keeper would answer any questions, direct them to specific events and be a text message away as needed.

Fortunately, I knew I would be meeting Terry Thompson and other women from the NH and VT. DKG chapters and would join them for many of the events during my four days at the conference. I felt at ease being with all of these veteran DKG conference goers. I am sure the New Bee’s who were attending the conference for the first time were welcomed by their “hive



keepers” and felt like they had a new helpful friend who was just a text away or in their chapter as well.

2. The Gaylord Hotel and Conference Center is an unbelievable place located right on the Potomac River with a great ferris wheel, the American Way and other local attractions within walking distance of the hotel. The ferris wheel was wonderful to see during the day and after dark when its reflection could be seen in the glass windows of the Gaylord Hotel, facing the Potomac River. I did not



get to take a ride but heard great reviews from other NH and VT. DKG ladies. “The American Way” is a wonderful walkway in the middle of a street with great sculptures and beautiful old automobiles. Among the sculptures were Rosie the Riveter, Marilyn Monroe, Louis Armstrong and Henry Ford whose sculpture was made of Ford auto parts which made it even more interesting. These sculptures are very lifelike and popular to visit, be photographed with and shake hands.



Convention 2024 – Constitution Up-Date (The Business of the Convention)

There were 94 proposed amendments at this year’s DKG International Convention. We got through all of them by the Friday business meeting. Something that hasn’t been accomplished in several years!

Amendments 1 – 15, with # 7 pulled for a later vote, were voted on as a block. These were basically moving policies and procedures from the constitution and ISR to Guidelines and Policies/Procedures (GAPP) – all passed

Amendments 16 – 61, with #17 withdrawn, were voted on as a block. These amendments were considered by the administrative board to be non-controversial. All passed. Included were allowing collegiate members to be counted toward state organization and International as active members, reorganization of fees in different accounts, provides rules for state organization co-presidents, allows chapter co-presidents, modifies responsibilities of several different positions, and moves and clarifies several questioned areas in the constitution

The remaining amendments 62-94 were presented independently and debated and voted on from the floor. The following are some of the changes made.

Article 1: Name

Section A: The official name of this international organization shall be The Delta Kappa Gamma Society International, hereinafter also referred to as the Society. The Society shall also be known as DKG Society International.

Also under Name. The Greek symbols for Delta Kappa Gamma were removed.

Under Article II: Missions and Purposes, Section D. Purposes, the wording for #'s 5, 6, and 7 were changed.

5 now reads: to endow awards to aid members in pursuing personal and professional growth and to provide grants to non-member educators

6 now reads: to stimulate the personal and professional development of members and to encourage their participation in relevant programs of action: and

7 now reads: to inform the members of current economic, social, political, and educational issues so that they may participate effectively to support a sustainable world society.

Article IV; Finance Section B. Fees, now reads

1. Scholarship Fee

- a. State organization scholarship fees, if any, will be paid as determined in accordance with state organization by laws.
- b. Chapter scholarship fees, if any, will be paid as determined in accordance with the rules set by the chapter.

International Scholarship fees were struck from the constitution

There were also amendments passed in regards to duties of national offices and presenting amendments

#94 was a new Article XX Ethics which establishes an ethics policy for our organization. Submitted by Maurine Henry

...and Submitted by Maurine Henry

... wearing a different hat

Notes from your Webmaster

The New Hampshire State Delta Kappa Gamma International website has been updated with the current information found in this year's membership book. I have also checked all the links on the links page and deleted any that did not connect.

If you know of any interesting sites that would be of interest to teachers that I have not included (I am sure there are many) please drop me an email with the site name and url if possible. I try to stay away from sites that cost money or that are filled with advertising.

The web address for our state site is:

<http://www.deltakappagamma.org/NH/index.html>

Come join us at the

2024 DKG New Hampshire State Fall Meeting

September 14, 2024

Program: Aviation Museum

Time: 10:00

Location: Londonderry, NH

Hostess: Delta Chapter

Under The Red Umbrella by Maurine Henry

While at the International Convention in July I had the opportunity to attend a workshop discussing the many areas of focus covered under the Educational Excellence Committee (EEC).

Below is a synopsis of each of the areas as sent to me by Yvonne Gatley. I have sent a copy of the full document to chapter presidents. This document includes ideas for projects your chapter can participate in.

The Arts

EEC promotes a focus on the arts at international conventions and conferences and state organization conventions. Through music, the spoken word and visual displays, members artistic contributions are highlighted.

Programs and Projects

Programs and projects are best delivered when they meet the interests of your members. Solicit member input when planning. Also, use your members as resources in delivering those programs and heading up those projects.

Leadership

Per the DKG Strategic Plan, one of the focus areas of EEC is to empower members to take leadership roles. Often, members fail to see the leadership potential which is within them. These ideas can offer

support to leaders at all levels. Don't forget to use the resources in the Leadership Discovery Centre on the DKG Website.

Legislation

EEC encourages DKG members to be active in promoting legislation on educational issues on the local, state, and federal level.

United Nations

DKG became an NGO (non-governmental organization) in 1995. Starting in 1997, Anne-Marie Carlson of The Delta Kappa Gamma Society International formed a team of volunteer experts to enable educators to develop new and better ways of teaching about the United Nations and its civil society partners. CTAUN, the Committee on Teaching about the UN, provides a resource center, bringing together materials developed throughout the UN System and makes available exemplary materials used by governments and NGOs, teachers, and curriculum specialists. Check out these resources under About on the drop-down menu. Go to Key Initiatives and find DKG/UN.

UNICEF “Girls Initiative to Revitalize Learning and Success” (GIRLS) Fund

The GIRLS Fund will achieve results by directing critical funds to African countries where girls' education has been identified as a challenge. New international project voted on during the 2024 International Convention. (This program replaces “School for Africa” which has been sunsetted by UNICEF)

Support for Early Career Educators (SEE)

To share the vision, Leading Women Educators Impacting Education Worldwide, and strengthen our Society, the Educational Excellence Committee established Supporting Early-career Educators (SEE) as its second international project during the 2012 International Convention in New York City. SEE encourages members/chapters to be creative in support of early-career educators with a variety of strategies.

Chapter News

Alpha

Alpha Chapter had a productive and enjoyable 2023-24. Our meetings included engaging presentations about community projects, including Rise for Baby and Family, The Keene Kids Collaborative, and the MC2 exchange program with Einbech, Germany. Other meetings focused on food and fellowship. Each month, members were invited to Maurine Henry's home to prepare crafts for our spring meeting vendor table. And several informal gatherings for coffee and muffins were held as well at Christmas caroling and at a pot luck.

Our two fund raisers, a chapter yard sale and the Hannaford's book bin were successful. Thus, two Keene State College education majors were awarded \$500 from our scholarship fund as well as a donation for staff training to Rise for Baby and Family.

On a sad note, we lost two very dear sisters, Carol Plaisted and Norma Walker. Both were well respected educators and dedicated members of DKG of 50 years or more. On a positive note, we honored our Peggy Saunders with The Woman of Distinction Award for all of her hard work and dedication at both the chapter and state levels. You wouldn't be reading this edition of CHIPS without her! In addition, we welcomed a new member to our chapter, with hopes of welcoming more in the

coming year. We look forward to more interesting programs and fellowship during our next biennium under the leadership of our new president, Joanne Stroshine.

Maurine Henry and Peggy Saunders drove to International making an overnight stop in Aldine, NJ for overnight visit with Peggy's sister. Maurine was fascinated with the old farmhouse and Marilyn's crafting studio. On the way back they stopped for a Nelson Town Band concert in Hinsdale in which Peggy plays bass clarinet.

Meet Joanne Stroshine

The sisters of Alpha chapter are excited to introduce our new president for the next biennium, Joanne Stroshine. Joanne received both her B.Ed in Teaching and her M.A. in English from Keene State College. Her career in education includes teaching English at Monadnock Regional Middle/ High School in Swanzey and Myers Park High School in Charlotte, NC.

She is currently in her ninth year as a CASA/GAL volunteer. She has been a member of DKG since 1989 both in Keene and in Charlotte. She has previously served as President in both chapters and as treasurer in Charlotte.

Joanne says "It is my honor to work with my Alpha sisters as we reach out to teachers in our area who can use our assistance in their programs and welcome them into our chapter. Working together, our members have planned an interesting series of programs that will strengthen our

personal and professional development in the coming year, hopefully continuing the rewarding relationship established by my predecessors.”

The sisters of Alpha are eagerly anticipating a stellar year for our chapter under the leadership of this dynamic woman.

Beta

Kathy Tucker’s grandson, Gabe, received recognition for academic achievement as a student athlete. He plays volleyball for Wentworth Institute of Technology in Boston and earned a 4.0 last spring semester.

Terry Thompson was honored to be invited to present at the Vermont DKG Epsilon Chapter meeting in June. Approximately 30 women attended a potluck dinner meeting in Lyndonville. Terry’s topic was “Vermont Bedrock Geology; what makes Vermont geology unique”. Following her presentation, the northern Vermont chapter inducted three new members with pomp and celebration. It was a pleasure to meet fellow DKG sisters and to observe their traditions and ceremonies.

Terry’s summer has been filled with family reunions at Lake Winnepesaukee, gardening in Vermont, landscaping projects in both locations, and the beginnings of several woodworking projects planned for the winter. The mild winter was most likely responsible for the bountiful garden and bumper crops of fruit and berries. Lots of canning, freezing, and jelly making ahead!

Sue Stritter: Both of our sons live out west so, most of our travel involves heading that way. In May, we went to the celebration of our son’s wedding. The actual legal marriage was carried out exactly one year prior at Garden of the Gods in Colorado. When part of a couple is an immigrant, life happens and you must adjust, sometimes immediately,

and weddings happen quickly. This May's celebration was the culmination of many years' struggles and setbacks experienced by my son and his wife dealing with the immigration system in this country. She has been working here legally for fifteen years and that does not happen without constant worry. The celebration held extra meaning for all the attendees and vows were exchanged again looking out over the vast prairie that is east of Denver.

We returned in June to visit our son in Utah and travelled to Capitol Reef National Park in southern Utah. While this is not a park that enjoys the instant recognition of some other parks, it is a great one to visit if you have limited time. It is awe inspiring. The backbone of the park is a



geological formation called a monocline where layers of rock fold over on themselves in an “s” formation. It is referred to as a waterfold pocket. It is the largest exposed one in North America. Along with other geological formations, there are many domes of limestone that resemble the domes on many capitol buildings in the United States, hence the name Capitol Reef. This is definitely “red rock” country.

When traveling in the western part of our nation, the immense expanse of open land and mountains is striking each time you revisit. I will say that returning to New Hampshire, one is equally struck by all the green and the comforting feeling that brings each time.

Janie :It has been a busy summer with lots of fun events happening and the usual volunteering opportunities as well. I love seeing the plays at

the New London Barn Theatre each summer whether or not a family member is in the play. Oops little brag there pardon a moi! Outdoor concerts, picnics, swimming and who knows what else.

I am looking forward to my trip to National Harbor, Maryland for the DKG conference in July. Seeing others from the NH DKG society and from Vermont as well. I think it will be very interesting and may provide some good challenges for each chapter attending.

Sharing a few good books I've read this spring as well in case you are looking for a page turner. Small Mercies by Dennis Lehane is definitely a "wow" book about Boston's Southie. It is certainly based on horrific events and famous people. A friend who grew up in Southie says it is the real deal as far as reporting many of the dreadful things that happen. Prayers for Sale by Sandra Dallas is a good read about a small mining town in Colorado, filled with real details about mining, surviving and close knit people. It might take a bit of reading to get hooked but you will. The following books I read earlier this year and enjoyed, Remarkably Bright Creatures by Shelby Van Pelt, I enjoyed reading this book because it was a bit light and yet intriguing, The Radium Girls by Kate Moore, oh my this is a tough book to read by really important to read and know about. The last book I'll offer is The World of Curiosities by Louise Penny (Chief Inspector Armand Gamache). This is one of many books she has written about Chief Inspector Armand Gamache. It is definitely a page turner with lots of character building but is still interesting.

Hoping everyone is having a good summer doing some fun activities with family and friends and perhaps one or two surprise activities as well.

Jane Abbott Sweatt

Beta's Book Recommendations

The Little Liar by Mitch Albom

Historical Novel: Greece, WWII; the effect of a lie of the lives of others and on the liar

Sisters of Belfast by Melanie Maure

Historical Novel: Ireland; Post-WWII "Story of faith in religion, in the world, and in each other..... survival and the enduring power of sisterhood"

The Signature of All Things by Elizabeth Gilbert

Novel: The story of a brilliant woman who followed her father's interest in plants; women in science in the 1800's.

Sundays at Tiffany's by James Patterson and Gabrielle Charbonnet

Novel: "What if your imaginary friend from childhood was your one true love?"

Hannah's War by Jan Eliasberg

Novel: Based on the life of Dr. Lise Meitner, the Jewish woman who discovered nuclear fission

The Mystery of Mrs. Christie by Marie Benedict

Novel: 1926; the mystery of the disappearance of Agatha Christie

The American Heiress by Daisy Goodwin

Historical Novel; Gilded Age, England and USA

Gamma

In June we awarded a young lady at Portsmouth High School our annual scholarship. We also caught up on member activities and Health.

In July we celebrated a fun picnic at New Castle Common. It was a beautiful day and a great conversation.



We recognized Myrt Moore with her certificate for Woman of Distinction award for Gamma. She is a wonderful lady who had been so supportive and a giving member to chapter, state, and International, DKG.

Delta

DELTA

Barbara Baker

Congratulations to Mary Jolles for her acceptance of the Woman of Distinction Award. Mary is one of the members we consider the “Back Bone” of our chapter.

We wish to welcome Kristin Brooks to the office of Chapter President. Kristin has been a member since 2017. We thank Kathy Urso for her time as our president and wish her the best as she relocates to Virginia to be near her son and family. Teri Cote will graciously remain our vice president.

Kristin Brooks and Mary Jolles have been

crafting quilts for our annual raffle. Proceeds have funded our Literacy Projects and Grant-in-Aid scholarships.

Midge Jorgensen, from Beta Chapter, won this year’s quilt. This is the first time a member of our DKG community has been the winner.

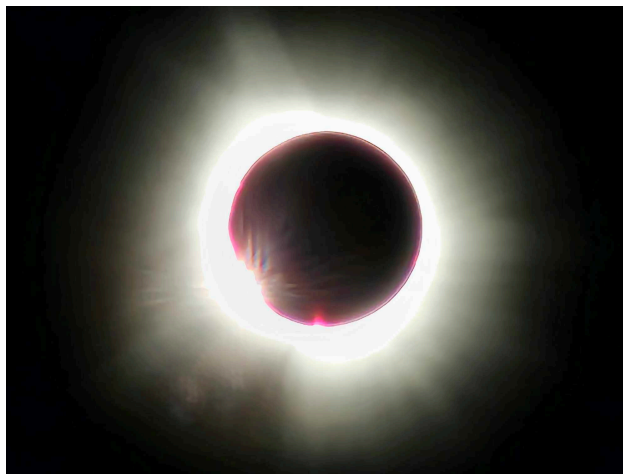


This year's Grant-in-Aid scholarship was awarded to Olivia Clorite from Milan. Our second choice was Haley White from Whitefield.

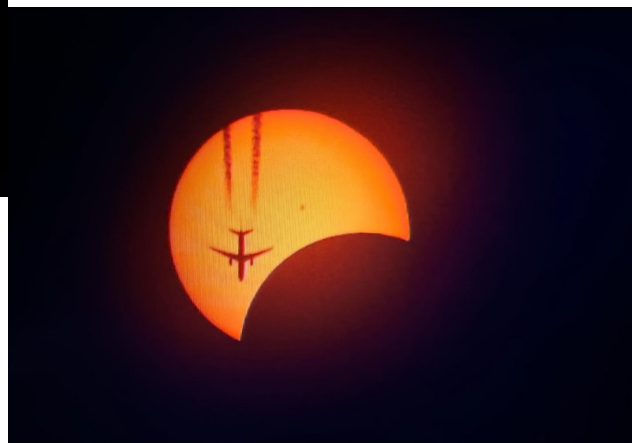
Amelia Sweatt was inducted into the Delta chapter during our May meeting. Her aunt, Jane, a member of the Beta Chapter, attended and participated in the ceremony. Amelia has nine years of experience and teaches at the Colebrook Elementary School. She has volunteered her services as our Recording Secretary. Congratulations Amelia! and Welcome!



April 8th The 2024 Total Eclipse



This was an amazing event for the north country. Many of our members were close to, or in the 'path of totality' for viewing. In Dalton, Judy Erickson and her family, visiting from Oregon,



made Eclipse crafts, Tee shirts, and eclipse food to celebrate together. They watched the event next to the Connecticut River. There were hundreds of people

gathered for miles from many states. Further north in Lancaster and above our members experienced totality and thousands of people inundated their towns. An event not soon forgotten in one's lifetime.

Above the Notch Literacy Project Pamela Read

Last September, with the encouragement of Barbara Baker, Delta presented our Literacy Project to the membership of the Littleton Co-op. There were over 25 entries. The programs presented were voted on by co-op members and the public. Delta Chapter came in second place! That meant we got to choose a month to be the 'Partner of the Month'. We chose June. Everytime someone rounded up in June we got the proceeds.

*Delta Chapter was thrilled to receive a check for \$5,092.39 from the Littleton Food Co-op as the June 'Partner of the Month'. All proceeds



went to the Above the Notch Literacy Project (the previous Forget-Me-Not Project). This will help buy books, book buddies, and materials for the homemade bags given to the young children in the north country. Thank you to Barbara Baker for making the initial proposal. And thank you to Judy Erickson and Pamela Read for letting

customers know about the project in real-time as they set up a literacy project display at the Co-op store. Pam Read accepted the check for this Delta literacy project.

Major Storm Damage in the North Country

On July 9th, we in the north country experienced an unusual occurrence in our area. Heavy wind and rain caused mass flooding which washed out many roadways. Weeks later, some main roads such as Rte. 135 and Rte.3 are still closed or have major repairs being made. Many back roads are closed and drivers have to go out of their way to make their way around the areas from Littleton to Pittsburg in our Delta region. It has been a summer of rain, wind, and humidity. This is very unusual weather for us and has included tornados, microbursts, and high temps. Route 135 from Dalton towards Littleton



In July, Delta held its annual summer outing to the Weathervane Theatre. This year ten of us gathered to watch the show: The Wedding Singer based on Adam Sandler's film. The show was hilarious and the music was great! After the performance, some members had dinner together at The Inn

at Whitefield. A good time was had by all.

Susan Ackerman has been performing at the Lancaster Open Mic every month. She also writes a daily piece about learning and growth, adds one of her photos to it, and sends it out to many people every day.

Be well. With Love's Light, Susan

In the spring Pat McLean's 3-year-old cockapoo, Piper, teamed up with her to serve as her volunteer partner at the Morrison Nursing Home in Whitefield. As a regular Morrison volunteer, Pat believed that Piper would be a welcome addition to her weekly visits. He charmed his way through his 'interview' and had delighted residents and staff since his first visit. Piper proudly wears his volunteer name badge!

Judy Erickson was pleased to be asked by a former student to create her wedding jewelry. The June wedding was an ocean-themed one held at the York Harbor Inn in York, Maine. The pieces for the bride and her bridal party were designed from the bride's own sea glass and shell collection along with those from Tidal Treasures by Jude. It was an honor and a pleasure to reconnect with this beautiful bride.



Pam Read

We are so blessed to have our "Bag Lady," Nora Beaton who has made more than 100 bags. And we are thankful to Mary Jolles and Kristin Brooks who made a quilt that was raffled off and over \$1,500 dollars was earmarked for our project, The Above the Notch Literacy Project.



The literacy committee of Delta Chapter has been busy delivering books and book buddies in homemade bags to children in the north country. We have made deliveries to the Groveton Headstart, Kindergartens in Gorham, and the first grade in Pittsburg. We will be doing more presentations in the near future.

Epsilon

Do any of you wonder why things are "so different" for kids today? or wonder what's going on and why is every other word anxiety? I mean, we all survived, right? So what's going on? Well, apparently a LOT. I am a Facebook "addict" (feel free to friend me, Barbara Nemensky Mee) and you will see my thoughts and sharings. In the meantime, I have had two books highly recommended to me and I wanted to pass them on. If you have read either or both, I would LOVE to hear your thoughts. Full disclosure, I retired in June 2018, so I may be out of touch and our son Robert is single, so I have no "littles" to have any first hand experience with. That said, I want to try stay aware as best I can.

Book one: The Anxious Generation by Jonathan Haight

Book two: The Coddling of the American Mind
by Greg Lukianoff/Jonathan Haidt

These were recommended by former students. One is in higher education at the University of Miami, Frost School of Music and the other is also a teacher.

Submitted by Barbara Mee.

Eta



“This is Eta” was our chapter’s theme for the 2024 Spring DKG NH Conference display, with a beautiful setting in picturesque Meredith! There, Eta honored six-year member, Ruth Ashley with Woman of Distinction (who was

both surprised and honored) and paid respect to Martha Verville Sheehy, who is deeply missed. Ruth, Dianne Mros, and Anne Nute attended the conference. Thank you to GAMMA for hosting the wonderful event!



In April, Caroline Butler and Betty Gilman (GAMMA) enjoyed a wonderful trip to Albuquerque to watch Caroline's granddaughter compete in the National College

Gymnastics finals. Her granddaughter graduated from Roger Williams University in May so this was her last gymnastics competition. She is an amazing gymnast and they were thrilled to see her perform!



Caroline and Betty also found time to enjoy the local sights including several visits to the historic Old Town with its many unique shops and great restaurants serving traditional New Mexican cuisine. They also traveled to Santa Fe and enjoyed the local culture, history, and visiting the many shops! To the west of Albuquerque they toured a Native American Pueblo village and the ancient dwellings while learning about

the lifestyles and beliefs of this early civilization. Their final venture was to ride the Sandia Peak Tramway as it climbed to the 10,378 foot peak of the Sandia Mountains. The views from the top were absolutely amazing! If you have never toured this part of the country, add it to your bucket list!

Following their annual trip to Indiana for the 500 race in May, Ruth and Dianne made an early June visit to *Adelynrood Retreat Center* (pictured here) in Byfield, Mass. They enjoyed a guided tour, the gardens and especially taking a mindful walk through the labyrinth. From website:

“Adelynrood opened in 1914 as a summer retreat house for members of The Society of the Companions of the Holy Cross, known as Companions. With libraries and places to pray nestled throughout the building and its quiet gardens, Adelynrood gave Companions a place to enjoy community life while growing spiritually. Companions continue to gather at Adelynrood each summer for programs and retreats on religious, social justice and educational topics. A year-round wing was added in 2000, allowing Companions to extend their Adelyrood ministry beyond the summer.”



Then later in June, Ruth and Dianne drove up to visit the store of Maine Cabin Masters where they met and got photos with Ashley Morrill from the show!! Ruth will be celebrating 30 years as a COTA this fall since her first year at Strafford Learning Center was 1994!



The Nute family traveled to Yorkshire for a break this spring. After a visit with relatives they stayed outside of Thirsk and enjoyed the very rural area. Thirsk is the town that James Herriot made famous in his books and features his home and

veterinary office as a museum. We enjoyed the beautiful scenery but the weather was cool and damp. The fields featured the new lambs and beautiful views.

Eta's future planning include celebrating our 50th year since being organized in April of 1975, making summer bridge bags for promoting literacy and motor skills practice, sponsoring pumpkins for a classroom science unit at a local school and holding these planned meetings:

- October 2nd 5:00 pm Johnson's Restaurant New Durham
- December 7th Holiday outing
- March 15th 2025
- May 5th 2025

From the bay of the big Lake and across sleepy depot towns, the ponds with rocky shores, loons calling and rivers flowing down.

Where old roads connect new routes taken to mountains or to sea and rough stone makes farmers' fences over hill and valley.

Come see camp and cottage where childhood memories roam become a place of restful living and for some a year-round home.

Spending our days still working, teaching, growing and giving; artful hobbies and faithful friends prove a youthful joy in living.

Striving to connect members together, whether near or far and taking on many new roles and duties for sharing all we are.

Remembering those who paved our way and now quietly rest. Promising with proud hearts and the DKG oath to do our best.

Theta

Pamela Clark, Donna Marie Gamlin and Karen Goss traveled to Florida to embark on an 11 night cruise to the eastern and southern Caribbean at the end of

enjoyed, Curaçao, Norwegian They went beautiful visiting an ending at a place called animal and exotic through



the port of Curaçao. But the best was the beach in the Bahamas! It was just a spectacular beach! On the ship they spent a lot of time at the pool, the casino and in the jewelry store! The shows on the ship were fantastic including singing and dancing, magic shows, a comedian and an illusionist. They had such a great time that they are planning to go on another cruise in two years!

May. The trip was thoroughly traveling to Puerto Plata, Aruba, Antigua, St Thomas and the cruise line island in the Bahamas. on 4 excursions including, a beach in Antigua, a tour of Aruba, aloe farm, the lighthouse and wonderful beach for a short time, a Ocean World that had a beach and shows-Dolphins, sharks, sea lions birds in Puerto Plata and climbing caves and learning the history of

Karen Goss and her husband, Jim went on a 10 night cruise at the end of April to the western Caribbean. They enjoyed exploring the ports of Cozumel, Roatan, Belize, Costa Maya, Key West and Nassau! They went on an excursion in Roatan and got to see the countryside and some special places, ending with some time in a beach sipping rum drinks from coconuts! On the ship they spent time relaxing by the pool, shopping, had a massage in the spa, watching shows and going to the casino!



NH Delta Kappa Gamma Fall Meeting

Saturday, September 14, 2024
10:00 AM

The Aviation Museum of N.H.
27 Navigator Road,
Londonderry, N.H
Business Meeting & Tour of
Museum

Cost: \$10.00 or \$5.00 for Aviation Museum Members

Coffee and Donuts will be available upon arrival.

Name: _____

Chapter _____

email _____

Phone _____

Amount enclosed: _____

Meeting & Museum Tour: \$10.00 or
\$5.00, if you area museum member.

Please send your check made out to New Hampshire
State DKG with the registration form by September 6

to:

Flora Sapsin
15 Osprey Lane
Newmarket, NH 03857

Brochure on web page under Society meetings

<http://www.deltakappagamma.org/NH/index.html>