

# Beta Tau NEWSLETTER



Aspire to create positive change through collaboration, service, and leadership opportunities.

Cultivate growth of members and chapters.

Thrive together by fostering a sense of belonging and celebrating success.

## ***Teressa's Message***

Spring has arrived - and with it, the gentle reminder that renewal is not just a season, but a promise. Just as the earth shrugs off the weight of winter and stretches toward the warmth of the sun so too are we called to shed what no longer serves us and grow toward the light of purpose and faith.

As women who shape young hearts and minds each day we carry seeds of wisdom, patience, and love into every classroom. This season, we pause to count our blessings, tend to our own spirits, and celebrate the extraordinary sisterhood that sustains us.

Nature is one of God's most patient teachers. Watch the bulb that has spent all winter in darkness— it does not force itself to bloom before its time. It trusts. It waits. And when the warmth comes, it rises without hesitation, fully itself, brilliantly colored.

We, too, are asked to trust the seasons of our lives. Some years call for planting; others for patient tending; and this spring, perhaps, for joyful harvest. Whatever season your spirit finds itself in, know that it is purposeful.

Set aside a quiet moment this week— perhaps with your morning coffee or during an evening walk — and sit with one of these questions:

## **Beta Tau Newsletter**

**Beta Tau Chapter**  
**San Antonio, Texas**  
**Kathy Moran, Editor**  
**5418 Bright Run,**  
**San Antonio, TX 78240**  
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**(210) 844-0329**

What has this school year planted in me that I am only now beginning to see take root?  
Where is God calling me to “do a new thing” — in my classroom, my relationships, or my faith?  
Which students have been mirrors, showing me something true about myself that I needed to see?  
What do I need to release, like last year's leaves, to make room for new growth?  
How can I be more present to the ordinary blessings woven into each teaching day?

I wish for you to have the best spring. Summer is almost here!

With love,  
Teressa

# SAVE THE DATE

Saturday, April 11, 2026  
10:00 a.m.  
Health-Mind, Body, Wallet  
Co-presenters

MacArthur Park Lutheran Church  
2903 Nacogdoches Rd.  
San Antonio, TX 78217

Our speaker for April 11 is Julie Thornton, Global Refuge San Antonio manager for Field Operations. Julie Thornton is a proud San Antonio resident who brings over 15 years of experience in both county government and non-profit sector, including expertise in refugee resettlement. With a Master's in Social Work (LMSW) and 20 years of professional experience, Julie is committed to making a positive impact on underserved populations

At Global Refuge, we believe everyone should be welcomed with dignity and open arms.

*Check out Beta Tau's Website*  
<http://deltakappagamma.org/TX-betatau>

Beta Tau chapter meeting  
Scuzzi's Restaurant  
N. Loop 1604 W  
San Antonio, TX



Our Beta Tau March meeting was well attended on March 21, 2026 at Scuzzi's Restaurant N Loop 1604 W.SA,TX .Door prizes were won by Roberta Carlson, Brenda Krueger, and Suzette Price. Devotions were led by Suzette Price. Members discussed the upcoming Founders Day on May 2, 2026. Ideas were discussed that each of us might bring gift cards by pairing up with someone, or instead of gift cards bringing cash. The money will go to scholarships. Beta Tau is also responsible for 2 door prizes. Area 6 will sing for Founders Day. Further discussion about Founders Day will be held at the April meeting. Scotta gave information on the upcoming one day convention of Area 6,7,8 at Marble Falls High School in June. Training sessions for different offices will be available. The \$50 fee to attend is covered by the chapter. Please let Scotta know if you will attend.

Myrna Burkes is asking for continued prayers for daughter Beth in remission, and for Jeannette Ferguson. Jane Kernaghan also needs prayers.

There will be a Global Refuge speaker at our next meeting on April 11, 2026.

Respectfully submitted by Kay Aguilar

## NEWS FROM OUR TREASURER!

### **Let's Make It Official—It's Dues Time!**

As we prepare for the 2026–2027 DKG year, our chapter is gathering dues so we can continue supporting scholarships, leadership, and the work that keeps our sisterhood strong.

Payment is for the July 1, 2026 – June 30, 2027 year.

Think of your dues as your annual “membership tuneup”—a small investment that keeps our chapter humming beautifully.

**Dues:** ACTIVE \$75.00

RESERVE \$35.00

**Due Date:** May 31

### **Payment Options:**

By check – payable to **Beta Tau**

Give to or Mail to: Scotta Williams; 3027 Split Rock Circle; Bulverde, TX  
78163

By Zelle bank app or Venmo – to Scotta Williams; 210-317-9998

Thank you for keeping our chapter strong, connected, and ready for the year ahead!

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**San Antonio Coordinating Council (SACC) INVITATION TO:**

**The Delta Kappa Gamma Society International**

**\*Founders' Day Celebration\***

~Celebrating 97 Years~

**Saturday, May 2, 2026**

**1:00-3:00 PM**

**\*Founders' Day Powerpoint**

**\*Installation of Chapter Presidents**

**\*Necrology Service**

**Region 20 Education Service Center**

**1314 Hines**

**San Antonio, TX 78028**

**\$12.00 per person**

**Catered by Jason's Deli**

**Four Meal Choices: Turkey Ham Chicken Salad (SANDWICHES) or Veggie Wrap**

**\*Gluten Free Bread Available--upon request\***

**We look forward to seeing you at this celebration.**

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**Send your name, meal selection, and money to your local chapter treasurer.  
She will then send those attending to: SACC Treasurer/payment.**

**Deadline is: April 17<sup>th</sup>, 2026.**



**Texas State Organization  
Central Regional Conference  
June 20, 2026  
Marble Falls High School**

All Beta Tau members are encouraged to attend this one-day conference on Saturday, June 20<sup>th</sup>. For many reasons - it's closer to home, it's only one day, it's less expensive, and more - our Texas State Organization (TSO) of DKG has set the one day conference for 7 geographical regions conferences throughout the state.

Areas 6 (Beta Tau's area), 7, and 8 represent the Central Region and will be meeting to carry on the business of the state organization on the same day as all the regions. In addition to some business related to all of TSO and DKA, the agenda includes training sessions for officers and committee chairs along with sessions on topics of interest throughout the day for all members.

The registration fee for this conference is \$50. Beta Tau will pay this for any member attending. Registration is now available as a google doc at the following link: <https://docs.google.com/forms/d/14TDSTARAEjYAfG4ApFM8wGaOKbFOrjWln4ECB9l20Ds/edit?chromeless=1>

If you register online, please print a copy to give to Scotta Williams so she includes your payment when she sends funds to TSO. Scotta will have paper copies of the registration form if you are unable to complete the form online.

This is a great way to see Delta Kappa Gamma and TSO in a smaller version - @200 members from around 50 chapters- when attending a multi-day convention (held in odd yrs) is not possible for you.

# MARCH MEETING PICTURES



Table shots from lunch at Scuzzi's March meeting





Carolyn Dahlgren, Myrna Burkes, Kay Aguilar and Lola Hill decide on lunch choices before the meeting at Scuzzi's.



Roberta Carlson, Carolyn Dahlgren and Myrna Burkes are caught by photographer Suzette Price at our March meeting.



Cindy Kosub, Carolyn Smith and Lynda Haile pay close attention to our treasurer, Scotta Williams.



And here's what you missed if you didn't go to the March meeting.

## RECIPE!

### QUICK CHICKEN BAKE

14.5 oz diced tomatoes w/juice  
1 Stovetop stuffing mix  
1 lb boneless skinless chicken breast  
1 c. Shredded mozzarella cheese

2 minced cloves garlic  
1/2 c. Water  
1 t basil

Oven 400 degrees. Place tomatoes w/liquid in bowl. Add garlic, stuffing mix and water until moistened. Place chicken breast in 9X13. Sprinkle with basil & cheese. Top with stuffing mixture. Bake 30-40 minutes until chicken is cooked thoroughly. Quick & easy.

From Carolyn Dahlgren



Pictures from Kathy Helmke's cruise. I want to go next time!

# MEMBER NEWS



Charlotte Gates and her daughter during a recent visit.

Myrna Burkes is requesting prayer for her daughter, Beth, who is in remission from cancer. Also pray for Jeannette Ferguson and her challenges.



Please keep Jane Kernaghan in your prayers.

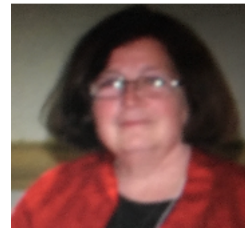


Kathy and Mark Helmke loving the Australia cruising life! The picture was taken in the Philippines.



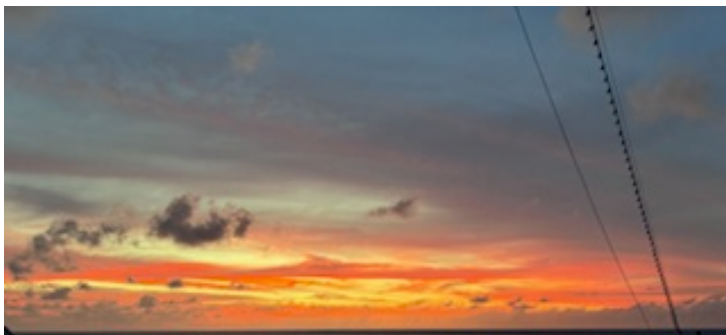
Please remember to send prayer requests and good news to the editor, Kathy Moran, president, Teresa Lowrance, and corresponding secretary, Ginny Stowell.

Paula Moore had bladder surgery on March 20 which went well. Currently fighting infection and requesting prayers.



Update: Infection was a nasty UTI and she is feeling much better with her drugs.

Liz Lujan's husband, Abe, has been diagnosed with congestive heart failure. He is looking to retire in the next few months. Liz has missed meetings to take care of him. Daughter, Brianna, graduated with degree in Psychology, working at Martin Luther King Elementary since fall, 2025. Currently working on Masters at OLL. Other daughter, Julianna graduated with associates in Business from St. Phillips, has transferred to UIW Spring 2026, and still has baking business. Find her at Instagram: @Julssbakes or Facebook:@Julssbakes. Liz is planning to return to meetings next year. Her sister-in-law is planning to join us in September.



More cruise pics!





## HAPPY APRIL BIRTHDAYS!

**Kirby Montgomery 3**

**Cindy Kosub 25**

**Carol Burket 26**

### Mission Statement

The Delta Kappa Gamma Society International promotes Professional and personal Growth of women educators and Excellence in education.

### Newsletter Graphics

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Texas State  
President

Dr. Stacie Arnold

### Vision Statement

Leading Women Educators  
Impacting Education Worldwide

### Beta Tau Officers

PRESIDENT	Teresa Lowrance
1st VICE PRESIDENT	Jeanette Pierce
2nd VICE PRESIDENT	Kay Aguilar
TREASURER	Scotta Williams
RECORDING SECRETARY	Kay Aguilar
CORRESPONDING SECRETARY	Ginny Stowell
PARLIAMENTARIAN	Myrna Burkes

We're on the Web!

<http://deltakappagamma.org/TX-betatau/>