# Beta Tau NEWSLETTER



 ${\sf S}$  eek new members and opportunities

Open your heart, mind, and attitude

Act to serve and share

 ${\sf R}$  each to review, respond, and relate



#### **MYRNA'S MEMO**

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Good Morning. The new year is quickly moving along, Mr. Groundhog has already seen his shadow, and we're already halfway through February! I hope y'all have been able to enjoy this interesting Texas weather.

It was wonderful to see so many DKG sisters show their support and love for sister, Jeanette Pierce, February 3, at her husband, George's funeral. Also, our sister, Jeannette Ferguson is recovering nicely from surgery and is planning to attend our February meeting. She has been reaching out to her nominating committee for the Master and Pioneer Teacher Awards to be held at La Fonda Restaurant in March.

Our speaker for the February meeting, Joy Hein, has informed me that her husband has been hospitalized with Afib and has cancelled her presentation on the 17th. I am working on a program to present at the Regional Workshop this summer and decided I could use y'all to practice. It's called, "So You Have A Story To Tell". I will go over the steps I use in writing my stories, then share the process to self-publish...set up, formatting, designing the cover, costing, and finally to publishing. I will be happy to answer any of your questions. Feel free to go to my website, http://www.MKBooks.net for more information. All four of my books are available on Amazon and Kindle. I am excited for y'all to meet our Area 6 Coordinator, Evelyn Cobarruvias, who will be visiting us, as well as the Gamma Upsilon Chapter from Castroville. Hoping to see everyone there. Take care of yourselves.

#### **Beta Tau Newsletter**

Beta Tau Chapter San Antonio, Texas Kathy Moran, Editor 5418 Bright Run, San Antonio, TX 78240 kmmsplace@msn.com (210) 844-0329

#### Your Sister through Beta Tau, Myrna

"Some people could be given an entire field of roses, and only see the thorns in it. Others could be given a single weed and only see the wildflower in it. Perception is a key component to gratitude. And gratitude is a key component to joy! "

(Shared from Amy Weatherly)

# SAVE THE DATE

Saturday, February 17, 2024 Social-Business Meeting MacArthur Park Lutheran Church Vote on Officers for 2024-2026 2903 Nacogdoches Rd. Gamma Upsilon Chapter Visit San Antonio, TX. 78256 Presenter: Joy Hein, Artist-Illustrator Saturday, March 23, 2024 La Fonda at Alamo Heights 11:00 a.m. 8633 Crownhill Blvd Social Meeting San Antonio, TX. 78209 Induction of New Members 210-824-4231 Beta Tau Awards Ceremony Saturday, April 20, 2024 10:00 a.m. MacArthur Park Lutheran Church Presentation/Demonstration/Overview 2903 Nacogdoches Rd. CPR/Heimlich Maneuver San Antonio, TX. 78256 Social-Business Meeting Installation of Officers "The Big Picture"

Founders' Day Luncheon, May, 2024 - Region 20

Regional Area Workshop June 22, 2024 Austin area

International Convention Jul 8-13, 2024 National Harbor, Maryland

## It's Time to Pay Your Chapter Dues!

Your payment this spring is for the July 2024 – June 2025 fiscal year and needs to be paid by May 15.

**ACTIVE** Member Dues - \$75.00 **RESERVE** Member Dues - \$35.00

I will be collecting your payments at our Beta Tau meetings, or you can mail checks (payable to Beta Tau) to me at:

Beta Tau Chapter c/o Scotta Williams 3027 Split Rock Circle Bulverde, TX 78163

Active members: you can split your payments into 2 at \$37.50 each or 3 payments at \$25.00 if this is better for your finances.

# February Meeting

We are looking forward to seeing everyone at the February meeting. Myrna is presenting her regional workshop, "So You Have a Story to Tell" (practicing on us!), so perhaps a few others of us will be inspired to present also. Scotta has given us information on next year's dues so you can take care of that also. Book A Buck will be available (one of my favorites). See you there!

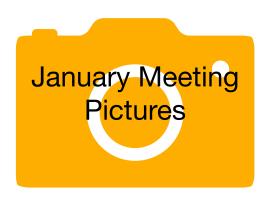
#### From DKG:

The Administrative Board requests member feedback as part of the implementation of the recommendations presented in the Avenue M Report. To provide information to assist us in creating interest groups, professional networking and learning groups, and other ways members can build meaningful connections, we need your feedback.

Please submit your feedback via the survey and also share the link with your members so they can provide feedback as well. The deadline is February 9, 2024, and members submitting the survey by the deadline will be entered in a drawing for a significant discount on the registration for the 2024 International Convention.

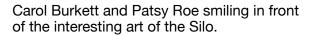
Please use and share the following link: <a href="https://www.surveymonkey.com/r/">https://www.surveymonkey.com/r/</a>
<a href="mailto:M8ZDQ5N">M8ZDQ5N</a>

#### **Bonnie**





Good to see Rose Bradley and Ann Carter at Silo.







The inspirational pair of Roberta Carlson and Charlotte Hains



Good to see Cindy Kosub, Ginny Stowell, and Patty Raney at our January meeting.



Check out Beta Tau's Website http://deltakappagamma.org/TX-betatau/

# January Minutes

Beta Tau Chapter Delta Kappa Gamma Meeting Minutes Silo Elevated Cuisine 434 N Loop 1604 W Jan. 20, 2024

During a period of social time, ladies signed in and received their name tags.

President Myrna Burkes called the meeting to order at 11:45 a.m. Carolyn Smith gave a devotion and prayer based on the events of 88 years ago on the Beta Tau birthday, Jan. 18, 1936.

Burkes welcomed members and asked for reports on absent members and any prayer requests. She introduced Dr. Stacey Arnold, second vice president of TSO, who brought greetings from the Texas State Organization President Bonnie Moore whose theme for the year is "Soar." She encouraged Beta Tau members to attend the Regional Area Workshop on June 22, 2024, and the International Convention in July. Burkes introduced Paula Moore's guest, her daughter Sarah Moore, and Celina Vanrachack's guest, Veronica Felix.

There were 28 members in attendance.

Minutes were approved as printed in the newsletter.

Burkes distributed the new picture directory and gave red folders to new members for their directories. She also passed out copies of the new brochure for attendees to examine.

Members played an ice breaker game during which they tried to match the member with her position in the chapter.

Nominating Committee members Kathy Helmke, Cindy Parisher and Cathy Criner announced the nominees for officer positions for the 2024-2026 terms. They are:

Myrna Burkes-President
Teressa Lowrance-First Vice President
Kay Aguilar-Second Vice President
Scotta Williams - Treasurer
Virginia Stowell-Corresponding Secretary
Bel Rocha-Recording Secretary
Jeannette Ferguson-Parliamentarian

Treasurer Scotta Williams gave updates on chapter fundraising efforts for 2023. Of the monthly fundraisers, Book-a-Buck brought in \$51 and The Change-a-Life collection totaled \$58. The Red Bowl Auction earned the chapter \$190. In December, the cookie sale raised \$306, and there were \$220 given as cash donations.

Suzette Price provided the door prizes for this meeting. Winners were Kay Aguilar, Roberta Carlson and Cindy Kosub.

Teressa Lowrance gave an update on working with Shelley Stone of the NEISD Clothes Closet as one of our chapter projects. Beta Tau will be collecting clothing and monetary donations during the meetings in September, December and April. New underwear of all sizes is one of the major needs, along with new and gently worn clothing.

A trio consisting of Cathy Criner, Kathy Moran and Kay Aguilar provided the musical entertainment and sang the blessing before the meal.

Cathy Criner led the chapter in singing the birthday song.

The meeting was adjourned at 1:41 p.m.

Respectfully submitted,

Suzette Price, secretary

### MORE PICTURES



Kathy Moran, Lynda Haile, Cathy Criner and Kay Aguilar visit before the meeting.



President Myrna Burkes and Kathy Helmke are all smiles.



Carolyn Dahlgren, Teressa Lowrance and Veronica Felix smile for the camera.



Dr. Stacey Arnold, Myrna and Suzette Price pose for pictures.



Paula Moore (right) brought her daughter, Sarah Moore.



Lola Hill, Kathy and Cindy Parisher are bundled up against the cold.

# Member News



Scotta's 4 month old granddaughter, Amaya, is dressed for the season of love!





Kathy Helmke and family celebrate their first Christmas in Boerne.

Please remember to send prayer requests and good news to the editor, Kathy Moran, president, Myrna Burkes, and corresponding secretary, Kathy Helmke.

## North East Council of PTA Clothes Closet

Beta Tau has chosen as its service project a gently used clothing drive for the North East Council of PTA Clothes Closet. Here is a list of items which they currently need:

Reminder: socks and

underwear are to be new!

- Boy's Pants 3T, 4T, 5T, S-XL
- Boy's Polos White & Black, All Sizes
- Boy's Underwear 6/7, 8, 10/12, 14/16
- Boy's Socks Medium, Large
- Men's Underwear Medium, X-Large
- Men's Athletic/Joggers S-XL
- Men's Jeans All Sizes
- Men's Socks Size 9-12
- Men's Polos White, Black All Sizes
- Girl's Shirts Small, Medium, Large
- Girl's Leggings 5/6
- Girl's Pants 3T-5T, Small (6/7), Medium (8), Large (10)
- Girl's Underwear 6, 8
- Girl's Socks Small
- Ladies Underwear Small (5), Medium (6), Large (7)
- Ladies Socks
- Ladies Polos White, Black All Sizes

I will collect these items in a bin during our meeting months of April, September and December

How it works: families will be confidentially referred by school personnel. School personnel will provide a voucher for each student in the family. The family will be able to shop at no cost at the closet for the following items: 5 tops, 5 bottoms, 5 new socks and 5 new underwear (per semester) and 3 coats or jackets per school year

#### **FAVORITE RECIPES**

## Ultimate Zucchini Bread

- SERVINGS: 8 TO 10 TIME: 1 HOUR 20 MINUTES, PLUS OVERNIGHT COOLING SOURCE: SMITTEN KITTEN
- 2 cups (13 ounces or 370 grams) grated, packed zucchini, not wrung out, grated on the large holes of a box grater
- 2 large eggs
- 2/3 cup (160 ml) of a neutral oil (I use safflower), olive oil, or melted unsalted butter
- 1/2 cup (95 grams) packed dark brown sugar
- 1/2 cup (100 grams) granulated sugar
- 1 teaspoon vanilla extract
- 1 teaspoon fine sea or table salt
- 1 1/4 teaspoons ground cinnamon
- 1/8 teaspoon ground or freshly grated nutmeg
- 3/4 teaspoon baking soda
- 1/2 teaspoon baking powder
- 2 cups (260 grams) all-purpose flour
- 2 tablespoons (25 grams) raw or turbinado sugar



Heat oven to 350 degrees F. Lightly coat a 6-cup or 9×5-inch loaf pan with nonstick spray. Place grated zucchini in a large bowl and add oil, eggs, sugars, vanilla, and salt. Use a fork to mix until combined. Sprinkle cinnamon, nutmeg, baking soda, and baking powder over surface of batter and mix until combined — and then, for extra security that the ingredients are well-dispersed, give it 10 extra stirs. Add flour and mix until just combined. Pour into prepared loaf pan and smooth the top. Sprinkle with the raw or turbinado sugar — don't skimp. Bake for 55 to 60 minutes, until a toothpick or tester inserted into the middle cake but also into the top of the cake, closer to the dome, comes out batter-free.

Let cool completely in the pan. Leave in pan, unwrapped, overnight or 24 hours, until removing (carefully, so not to ruin flaky lid) and serving in slices. Zucchini bread keeps for 4 to 5 days at room temperature. I wrap only the cut end of the cake in foil, and return it to the baking pan, leaving the top exposed so that it stays crunchy.



## You are cordially invited to attend:

### The Delta Kappa Gamma Society International

\*Founders' Day Celebration
~Celebrating 95 Years~
Saturday, May 4, 2024
1:00-3:00 PM

\*Chapter Presidents' Presentation 2024-2026

\*Necrology Service

Region 20 Education Service Center 1314 Hines San Antonio, TX 78028

\$15.00 per person
Catered by Jason's Deli (includes registration and cost of meal)
Four Meal Choices: Turkey Ham Chicken Salad Vegetarian/Gluten free

We are looking forward to having you join us. Sponsored by: San Antonio Coordinating Council (SACC)



### HAPPY BIRTHDAY!

Carolyn Smith 6 Suzette Price 18

#### Mission Statement

The Delta Kappa Gamma
Society International promotes
Professional and personal
Growth of women educators and
Excellence in education.

Newsletter Graphics
clker.com—publicdomainvector.org—clipart
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New Texas State President

**Bonnie Moore** 

Vision Statement

<u>Leading Women Educators</u> <u>Impacting Education Worldwide</u>

#### **Beta Tau Officers**

PRESIDENT Myrna Burkes

1st VICE PRESIDENT Teressa Lowrance

2nd VICE PRESIDENT Roberta Carlson

TREASURER Scotta Williams

RECORDING SECRETARY Suzette Price

CORRESPONDING SECRETARY Kathy Helmke

PARLIAMENTARIAN Jeannette Ferguson

We're on the Web!

http://deltakappagamma.org/TX-betatau/