

Beta Tau NEWSLETTER



S eek new members and opportunities
O pen your heart, mind, and attitude
A ct to serve and share
R each to renew, respond, and relate



MYRNA'S MEMO

INSIDE THIS ISSUE

Myrna's Memo	1
Save The Date	2
February Meeting	3
January Pictures	4
January Minutes	5
More Pictures	6
Member News	8
Service Project	9
Recipe	10
SACC May Tea	11
Birthday	12

Good Morning. The new year is quickly moving along, Mr. Groundhog has already seen his shadow, and we're already halfway through February! I hope y'all have been able to enjoy this interesting Texas weather.

It was wonderful to see so many DKG sisters show their support and love for sister, Jeanette Pierce, February 3, at her husband, George's funeral. Also, our sister, Jeannette Ferguson is recovering nicely from surgery and is planning to attend our February meeting. She has been reaching out to her nominating committee for the Master and Pioneer Teacher Awards to be held at La Fonda Restaurant in March.

Our speaker for the February meeting, Joy Hein, has informed me that her husband has been hospitalized with Afib and has cancelled her presentation on the 17th. I am working on a program to present at the Regional Workshop this summer and decided I could use y'all to practice. It's called, "So You Have A Story To Tell". I will go over the steps I use in writing my stories, then share the process to self-publish...set up, formatting, designing the cover, costing, and finally to publishing. I will be happy to answer any of your questions. Feel free to go to my website, <http://www.MKBooks.net> for more information. All four of my books are available on Amazon and Kindle. I am excited for y'all to meet our Area 6 Coordinator, Evelyn Cobarruvas, who will be visiting us, as well as the Gamma Upsilon Chapter from Castroville. Hoping to see everyone there. Take care of yourselves.

Beta Tau Newsletter

Beta Tau Chapter
San Antonio, Texas
Kathy Moran, Editor
5418 Bright Run,
San Antonio, TX 78240
kmmsplace@msn.com
(210) 844-0329

Your Sister through Beta Tau, **Myrna**

"Some people could be given an entire field of roses, and only see the thorns in it. Others could be given a single weed and only see the wildflower in it. Perception is a key component to gratitude. And gratitude is a key component to joy! "

(Shared from Amy Weatherly)

SAVE THE DATE

Saturday, February 17, 2024 Social-Business Meeting Vote on Officers for 2024-2026 Gamma Upsilon Chapter Visit Presenter: Joy Hein, Artist-Illustrator	MacArthur Park Lutheran Church 2903 Nacogdoches Rd. San Antonio, TX. 78256
Saturday, March 23, 2024 11:00 a.m. Social Meeting Induction of New Members Beta Tau Awards Ceremony	La Fonda at Alamo Heights 8633 Crownhill Blvd San Antonio, TX. 78209 210-824-4231
Saturday, April 20, 2024 10:00 a.m. Presentation/Demonstration/Overview CPR/Heimlich Maneuver Social-Business Meeting Installation of Officers "The Big Picture"	MacArthur Park Lutheran Church 2903 Nacogdoches Rd. San Antonio, TX. 78256

Founders' Day Luncheon, May, 2024 - Region 20

Regional Area Workshop June 22, 2024
Austin area

International Convention Jul 8-13, 2024
National Harbor, Maryland

It's Time to Pay Your Chapter Dues!

Your payment this spring is for the July 2024 – June 2025 fiscal year and needs to be paid by May 15.

ACTIVE Member Dues - \$75.00

RESERVE Member Dues - \$35.00

I will be collecting your payments at our Beta Tau meetings, or you can mail checks (payable to Beta Tau) to me at:

Beta Tau Chapter
c/o Scotta Williams
3027 Split Rock Circle
Bulverde, TX 78163

Active members: you can split your payments into 2 at \$37.50 each or 3 payments at \$25.00 if this is better for your finances.

February Meeting

We are looking forward to seeing everyone at the February meeting. Myrna is presenting her regional workshop, “So You Have a Story to Tell” (practicing on us!), so perhaps a few others of us will be inspired to present also. Scotta has given us information on next year’s dues so you can take care of that also. Book A Buck will be available (one of my favorites). See you there!

From DKG:

The Administrative Board requests member feedback as part of the implementation of the recommendations presented in the Avenue M Report. To provide information to assist us in creating interest groups, professional networking and learning groups, and other ways members can build meaningful connections, we need your feedback.

Please submit your feedback via the survey and also share the link with your members so they can provide feedback as well. The deadline is February 9, 2024, and members submitting the survey by the deadline will be entered in a drawing for a significant discount on the registration for the 2024 International Convention.

Please use and share the following link: <https://www.surveymonkey.com/r/M8ZDQ5N>

Bonnie

January Meeting Pictures



The inspirational pair of Roberta Carlson and Charlotte Hains



Good to see Cindy Kosub, Ginny Stowell, and Patty Raney at our January meeting.



Good to see Rose Bradley and Ann Carter at Silo.

Carol Burkett and Patsy Roe smiling in front of the interesting art of the Silo.



Check out Beta Tau's Website
<http://deltakappagamma.org/TX-betatau/>

January Minutes

Beta Tau Chapter
Delta Kappa Gamma Meeting Minutes
Silo Elevated Cuisine
434 N Loop 1604 W
Jan. 20, 2024

During a period of social time, ladies signed in and received their name tags.

President Myrna Burkes called the meeting to order at 11:45 a.m. Carolyn Smith gave a devotion and prayer based on the events of 88 years ago on the Beta Tau birthday, Jan. 18, 1936.

Burkes welcomed members and asked for reports on absent members and any prayer requests. She introduced Dr. Stacey Arnold, second vice president of TSO, who brought greetings from the Texas State Organization President Bonnie Moore whose theme for the year is "Soar." She encouraged Beta Tau members to attend the Regional Area Workshop on June 22, 2024, and the International Convention in July. Burkes introduced Paula Moore's guest, her daughter Sarah Moore, and Celina Vanrachack's guest, Veronica Felix.

There were 28 members in attendance.

Minutes were approved as printed in the newsletter.

Burkes distributed the new picture directory and gave red folders to new members for their directories. She also passed out copies of the new brochure for attendees to examine.

Members played an ice breaker game during which they tried to match the member with her position in the chapter.

Nominating Committee members Kathy Helmke, Cindy Parisher and Cathy Criner announced the nominees for officer positions for the 2024-2026 terms. They are:

Myrna Burkes-President
Teresa Lowrance-First Vice President
Kay Aguilar-Second Vice President
Scotta Williams - Treasurer
Virginia Stowell-Corresponding Secretary
Bel Rocha-Recording Secretary
Jeannette Ferguson-Parliamentarian

Treasurer Scotta Williams gave updates on chapter fundraising efforts for 2023. Of the monthly fundraisers, Book-a-Buck brought in \$51 and The Change-a-Life collection totaled \$58. The Red Bowl Auction earned the chapter \$190. In December, the cookie sale raised \$306, and there were \$220 given as cash donations.

Suzette Price provided the door prizes for this meeting. Winners were Kay Aguilar, Roberta Carlson and Cindy Kosub.

Teresa Lowrance gave an update on working with Shelley Stone of the NEISD Clothes Closet as one of our chapter projects. Beta Tau will be collecting clothing and monetary donations during the meetings in September, December and April. New underwear of all sizes is one of the major needs, along with new and gently worn clothing.

A trio consisting of Cathy Criner, Kathy Moran and Kay Aguilar provided the musical entertainment and sang the blessing before the meal.

Cathy Criner led the chapter in singing the birthday song.

The meeting was adjourned at 1:41 p.m.

Respectfully submitted,

Suzette Price,
secretary

MORE PICTURES



Kathy Moran, Lynda Haile, Cathy Criner and Kay Aguilar visit before the meeting.



President Myrna Burkes and Kathy Helmke are all smiles.



Carolyn Dahlgren, Teresa Lowrance and Veronica Felix smile for the camera.



Dr. Stacey Arnold, Myrna and Suzette Price pose for pictures.



Paula Moore (right) brought her daughter, Sarah Moore.



Lola Hill, Kathy and Cindy Parisher are bundled up against the cold.

Member News



Scotta's 4 month old granddaughter, Amaya, is dressed for the season of love!



Kathy Helmke and family celebrate their first Christmas in Boerne.

Please remember to send prayer requests and good news to the editor, Kathy Moran, president, Myrna Burkes, and corresponding secretary, Kathy Helmke.

North East Council of PTA Clothes Closet

Beta Tau has chosen as its service project a gently used clothing drive for the North East Council of PTA Clothes Closet. Here is a list of items which they currently need:

- Boy's Pants - 3T, 4T, 5T, S-XL
- Boy's Polos - White & Black, All Sizes
- Boy's Underwear - 6/7, 8, 10/12, 14/16
- Boy's Socks - Medium, Large
- Men's Underwear - Medium, X-Large
- Men's Athletic/Joggers - S-XL
- Men's Jeans - All Sizes
- Men's Socks - Size 9-12
- Men's Polos - White, Black - All Sizes
- Girl's Shirts - Small, Medium, Large
- Girl's Leggings - 5/6
- Girl's Pants 3T-5T, Small (6/7), Medium (8), Large (10)
- Girl's Underwear - 6, 8
- Girl's Socks - Small
- Ladies Underwear - Small (5), Medium (6), Large (7)
- Ladies Socks
- Ladies Polos - White, Black - All Sizes

Reminder: socks and underwear are to be new!

I will collect these items in a bin during our meeting months of April, September and December

How it works: families will be confidentially referred by school personnel. School personnel will provide a voucher for each student in the family. The family will be able to shop at no cost at the closet for the following items: 5 tops, 5 bottoms, 5 new socks and 5 new underwear (per semester) and 3 coats or jackets per school year

FAVORITE RECIPES

Ultimate Zucchini Bread

- SERVINGS: 8 TO 10 TIME: 1 HOUR 20 MINUTES, PLUS OVERNIGHT COOLING
SOURCE: SMITTEN KITTEN
- 2 cups (13 ounces or 370 grams) grated, packed zucchini, not wrung out, grated on the large holes of a box grater
- 2 large eggs
- 2/3 cup (160 ml) of a neutral oil (I use safflower), olive oil, or melted unsalted butter
- 1/2 cup (95 grams) packed dark brown sugar
- 1/2 cup (100 grams) granulated sugar
- 1 teaspoon vanilla extract
- 1 teaspoon fine sea or table salt
- 1 1/4 teaspoons ground cinnamon
- 1/8 teaspoon ground or freshly grated nutmeg
- 3/4 teaspoon baking soda
- 1/2 teaspoon baking powder
- 2 cups (260 grams) all-purpose flour
- 2 tablespoons (25 grams) raw or turbinado sugar



From Kathy Helmke

Heat oven to 350 degrees F. Lightly coat a 6-cup or 9×5-inch loaf pan with nonstick spray. Place grated zucchini in a large bowl and add oil, eggs, sugars, vanilla, and salt. Use a fork to mix until combined. Sprinkle cinnamon, nutmeg, baking soda, and baking powder over surface of batter and mix until combined — and then, for extra security that the ingredients are well-dispersed, give it 10 extra stirs. Add flour and mix until just combined. Pour into prepared loaf pan and smooth the top. Sprinkle with the raw or turbinado sugar — don't skimp. Bake for 55 to 60 minutes, until a toothpick or tester inserted into the middle cake but also into the top of the cake, closer to the dome, comes out batter-free.

Let cool completely in the pan. Leave in pan, unwrapped, overnight or 24 hours, until removing (carefully, so not to ruin flaky lid) and serving in slices. Zucchini bread keeps for 4 to 5 days at room temperature. I wrap only the cut end of the cake in foil, and return it to the baking pan, leaving the top exposed so that it stays crunchy.



You are cordially invited to attend:

The Delta Kappa Gamma Society International

***Founders' Day Celebration**

~Celebrating 95 Years~

Saturday, May 4, 2024

1:00-3:00 PM

***Chapter Presidents' Presentation**

2024-2026

***Necrology Service**

Region 20 Education Service Center

1314 Hines

San Antonio, TX 78028

\$15.00 per person

Catered by Jason's Deli (includes registration and cost of meal)

Four Meal Choices: Turkey Ham Chicken Salad Vegetarian/Gluten free

We are looking forward to having you join us.

Sponsored by: San Antonio Coordinating Council (SACC)



HAPPY BIRTHDAY!

Carolyn Smith 6
Suzette Price 18

Mission Statement

The Delta Kappa Gamma Society International promotes Professional and personal Growth of women educators and Excellence in education.

Newsletter Graphics
clker.com—publicdomainvector.org—clipart
lord.com—clipart best.com—clipartmag.com
pdclipart.org—openclipart.org—mzayat.com—
vector.me —publicdomainfiles.com—the graphics
fairy.com/free-public-domain —clipartfest.com
clipart pal.com—clipart panda.com—
cliparting.com—clipart kid.com—clipart-
library.com—pixabey.com—clipart.com

New Texas State
President

Bonnie Moore

Vision Statement

Leading Women Educators
Impacting Education Worldwide

Beta Tau Officers

PRESIDENT	Myrna Burkes
1st VICE PRESIDENT	Teressa Lowrance
2nd VICE PRESIDENT	Roberta Carlson
TREASURER	Scotta Williams
RECORDING SECRETARY	Suzette Price
CORRESPONDING SECRETARY	Kathy Helmke
PARLIAMENTARIAN	Jeannette Ferguson

We're on the Web!

<http://deltakappagamma.org/TX-betatau/>