

Beta Tau NEWSLETTER



S eek new members and opportunities
O pen your heart, mind, and attitude
A ct to serve and share
R each to renew, respond, and relate



MYRNA'S MEMO

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Hello, Sisters. What marvelous Texas weather we've been experiencing, and spring is certainly in the air. Jim and I have spent the last few weeks at our ranch, Paisito (Little Country) in central Texas. We celebrated his 76th birthday along with the births of five baby calves and 22 baby goats. I am reminded every day of how blessed I am. Reminders of God's grace are everywhere in my daily walks with our chocolate Lab, Murphy, from the tiny bud on the trees, blue skies, the loud, evening croak of bull frogs on our tank (pond) and the wild turkeys and deer flashing through the brush. God is so good!

The February meeting was so much fun and how wonderful to see several people who haven't been able to attend in a while. Jeannette Ferguson jumped in with committee needs and guidelines. She has reached out to her nominating committee for the Master and Pioneer Teacher Awards (to be held at La Fonda Restaurant in March), and she looks great. Charlotte Gates brought precious favors for Beta Tau members, and we had a visit from other chapter representatives and our Area 6 coordinator. Feedback from my program, "So You Have a Story To Tell" was well received, and suggestions were made for presenting at the regional workshop this summer. It was proposed that I go over the steps/procedures I use in writing my stories, then share the process to self-publish (set up, formatting, share website information (<http://www.MKBooks.net>)). Two members also encouraged me to have books available for sale and/or signing. Thank you to Cathy Criner for saying, "Because they are good." Appreciate sharing with me Cathy and the other members, as well. I appreciate you more than you can know.

Hoping to see everyone at La Fonda's. Take care of yourselves. You are very special to me.

Your sister through Beta Tau, Myrna

"I don't think friendships are given enough credit...we sign no contract...we say no vow...and we are there for each other...ALWAYS."

(Author unknown)

Beta Tau Newsletter

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SAVE THE DATE

Saturday, March 23, 2024 11:00 a.m. Social Meeting Induction of New Members Beta Tau Awards Ceremony	La Fonda at Alamo Heights 8633 Crownhill Blvd San Antonio, TX. 78209 210-824-4231
Saturday, April 20, 2024 10:00 a.m. Presentation/Demonstration/Overview CPR/Heimlich Maneuver Social-Business Meeting Installation of Officers "The Big Picture"	MacArthur Park Lutheran Church 2903 Nacogdoches Rd. San Antonio, TX. 78256

Founders' Day Luncheon, May, 2024 - Region 20

Regional Area Workshop June 22, 2024
Austin area

International Convention Jul 8-13, 2024
National Harbor, Maryland

\$\$\$\$ MONEY \$\$\$\$

Chapter Dues Are Due!

Payment of your July 2024–June 2025 chapter dues needs to be done by May 15.

ACTIVE Members - \$75.00 ----- **RESERVE** Members - \$35.00

Payments can be made by check (payable to Beta Tau) at a meeting or mailed to Scotta, or you can send electronic payment to Scotta using Venmo or Zelle (use Scotta Williams, mexminist@aol.com, and/or 210-317-9998)

Active members: you can split your payments into 2 at \$37.50 each or 3 payments at \$25.00 if this is better for your finances.

March Meeting

Be sure to contact Roberta Carlson (210-379-4710 text or robertacarlson007@gmail.com) by March 16 for your reservation to La Fonda for March 23 at 11:00 a.m. The Master and Pioneer Teacher Awards will be presented.

Reservations by March 16!!!

Charlotte Hains admires Scotta Williams' granddaughter, Amaya.



President Myrna Burkes presenting.



February Meeting Pictures



Welcome back, Jeannette Ferguson and glad to see Cathy Criner!



Left to right, Lola Hill, Patty Raney, Ginny Stowell and Carol Burket share a table at our February meeting.



Smiling for the camera are Bel Rocha, Ruby Lopez, Carolyn Dahlgren and Celina VanRaChack.

Check out Beta Tau's Website
<http://deltakappagamma.org/TX-betatau/>

February Minutes

Beta Tau Chapter
Delta Kappa Gamma Meeting Minutes
MacArthur Park Lutheran Church
2903 Nacogdoches Road, 78217
Feb. 17, 2024

During a period of social time, ladies signed in and received their name tags.

President Myrna Burkes called the meeting to order at 10:20 a.m. Scotta Williams gave the devotion and prayer.

Burkes welcomed members and asked for reports on absent members and any prayer requests. She introduced Area Six Coordinator Evelyn Cobarruvias who encouraged Beta Tau members to attend the Regional Area Worship on June 22, 2024, and provided printed materials about the event.

Carolyn Dahlgren expressed appreciation that so many of the Beta Tau Chapter members had attended the funeral for Jeanette Pierce's husband, George.

There were 20 members and three guests in attendance. Cindy Howard and Stephanie Perkins were guests from the Gamma Upsilon Chapter. In addition, Williams' daughter, granddaughter and grandson came for a brief visit.

Treasurer Williams gave the financial report which showed available funds of \$2,289.06 as of Feb. 27, 2024. Of the regular monthly fundraisers, Book-a-Buck brought in \$51 and The Change-a-Life collection totaled \$109.05. The Red Bowl Auction earned the chapter \$191. OLLU student Kaleigh Franklin has been given \$500 of tuition assistance and will receive another \$500 for this semester. This came from the Money Market account. Williams reported that there is \$3,236.45 in the CD-Checking and \$17,013.50 in the CD-Scholarship account which will provide the funds to pay the registration for Beta Tau members attending the Regional Area Workshop.

The registration for the May Founders Day Event is \$15 and can be included with the yearly dues payment of \$75. Williams will send all of the registrations at one time.

Williams also reminded members to return the information sheets that had previously been provided. She stressed that these are important for use in selecting chapter award winners and also state awards. Criner said there are two state awards offered, the Golden Rose and State Achievement. President Burkes suggested that there are many in the Beta Tau Chapter who would qualify for the awards. The chapter is in charge of making the nominations. The deadline was Feb. 1, 2024 for this year, but plans can

be made to nominate members in 2025.

The financial report was approved as presented. A printed copy of the report was also provided.

Minutes were approved as printed in the newsletter.

In her “Two Minutes Tech Talk,” Teresa Lowrance shared that Google Photos is an application that can be downloaded to back up photos from a phone to the Cloud.

Nominating Committee members Cindy Parisher and Cathy Criner again announced the nominees for officer positions for the 2024-2026 terms. Committee Chair Kathy Helmke was not in attendance. Williams made and Carolyn Dahlgren seconded a motion to accept the slate of officers. The officer nominees will be voted on at the March meeting. They are:

Myrna Burkes-President
Teresa Lowrance-First Vice President
Kay Aguilar-Second Vice President
Treasurer-Scotta Williams
Virginia Stowell-Corresponding Secretary
Bel Rocha-Recording Secretary
Jeannette Ferguson-Parliamentarian

President Burkes offered folders, brochures and updated and corrected copies of the chapter directory to those who had not previously received those items. Corrections to be made in the directory are: Charlotte Gates: cell phone number=210-710-7173; Pat Raney: [email=p.raney2150@gmail.com](mailto:p.raney2150@gmail.com) and Lola Hill: delete the 830 number and her address can be either Lakehills or Pipe Creek

Awards Committee Chair Jeannette Ferguson provided information and nomination forms for the 2024-2025 Beta Tau Pioneer and Master Teacher awards. She included lists of past winners for reference. The Awards Committee members are Ann Carter, Virginia Stowell and Williams. The deadline for emailing nominations to Ferguson is March 4, 2024.

Helmke provided the door prizes for February. Winners were Cathy Criner, Jeannette Ferguson and Parisher.

President Burkes made a presentation to the group titled, “So, You Have a Story to Tell.”

The meeting was adjourned at 12:15 p.m.

Respectfully submitted,

Suzette Price,
secretary

Member News

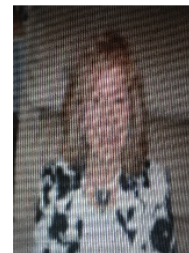
Cathy Criner is requesting prayer for the healing of her broken wrist which happened during a fall. Also pray for nursing care help for her husband's needs.



Please pray for Jeanette Pierce. She will be at her daughter Jill's house until Thursday (3/7). She has hired a caregiver to help her for four hours a day. Right now she is trying to plan for meal, cats, personal care and PT.



Lola Hill would like us to pray for her niece, Lisa, who is undergoing breast reconstructive surgery for the third time. Also remember her brother-in-law who had a stroke and A-fib, now home, and her sister's strength as she takes care of him.



Carolyn Dahlgren (in black/white) was a special reader in honor of Read Across America at Bel Rocha's class (PREK4 SA). Patty Raney was a Gracias Artist at PREK4 SA in the same class. Thanks for your help, ladies!



Please remember to send prayer requests and good news to the editor, Kathy Moran, president, Myrna Burkes, and corresponding secretary, Kathy Helmke.

North East Council of PTA Clothes Closet

Beta Tau has chosen as its service project a gently used clothing drive for the North East Council of PTA Clothes Closet. Here is a list of items which they currently need:

- Boy's Pants - 3T, 4T, 5T, S-XL
- Boy's Polos - White & Black, All Sizes
- Boy's Underwear - 6/7, 8, 10/12, 14/16
- Boy's Socks - Medium, Large
- Men's Underwear - Medium, X-Large
- Men's Athletic/Joggers - S-XL
- Men's Jeans - All Sizes
- Men's Socks - Size 9-12
- Men's Polos - White, Black - All Sizes
- Girl's Shirts - Small, Medium, Large
- Girl's Leggings - 5/6
- Girl's Pants 3T-5T, Small (6/7), Medium (8), Large (10)
- Girl's Underwear - 6, 8
- Girl's Socks - Small
- Ladies Underwear - Small (5), Medium (6), Large (7)
- Ladies Socks
- Ladies Polos - White, Black - All Sizes

Reminder: socks and underwear are to be new!

I will collect these items in a bin during our meeting months of April, September and December

How it works: families will be confidentially referred by school personnel. School personnel will provide a voucher for each student in the family. The family will be able to shop at no cost at the closet for the following items: 5 tops, 5 bottoms, 5 new socks and 5 new underwear (per semester) and 3 coats or jackets per school year

FAVORITE RECIPES

QUICK CHICKEN AND MUSHROOMS

8 T butter
Garlic powder
1 lb sliced mushrooms
1/2 c whipping cream
6 c fresh baby spinach

4 boneless skinless chicken breasts
salt & pepper to taste
1/2 c water
2 t lemon juice

Melt 2 T of butter in a skillet. Season chicken and add to butter, cook until golden on both sides and cooked thoroughly. Remove chicken and add remaining butter to skillet. Add mushrooms and cook until tender. Stir in the water, cream, and lemon juice; simmer over low heat until sauce thickens. Stir in spinach and mix well. Place cooked chicken pieces on top, spoon sauce over chicken. Serves 4. A great meal for family or company!

Zucchini Casserole

4 c. Zucchini or yellow squash, mixture of both ok, peeled & diced
1 carrot grated
1 can of cream of chicken soup
6 oz package chicken flavored stuffing mix
Salt/pepper to taste
1/4 c melted butter

1 yellow onion grated
1 c sour cream
1 c crushed corn flake cereal

Cook squash in salted boiling water for 4 minutes. Drain. Combine zucchini and remaining ingredients together except the cereal and butter. Mix well and spread in a greased 9X9 baking pan. Toss the cereal with the melted butter and sprinkle over the top. Bake uncovered at 350 degrees for 45 minutes, should be bubbly and golden. Makes 6-8 servings. Great on a chilly evening.

Recipes from
Carolyn Dahlgren

Thanks!!



You are cordially invited to attend:

The Delta Kappa Gamma Society International

***Founders' Day Celebration**

~Celebrating 95 Years~

Saturday, May 4, 2024

1:00-3:00 PM

***Chapter Presidents' Presentation**

2024-2026

***Necrology Service**

Region 20 Education Service Center

1314 Hines

San Antonio, TX 78028

\$15.00 per person

Catered by Jason's Deli (includes registration and cost of meal)

Four Meal Choices: Turkey Ham Chicken Salad Vegetarian/Gluten free

We are looking forward to having you join us.

Sponsored by: San Antonio Coordinating Council (SACC)



HAPPY BIRTHDAY!

Teresa Lowrance 8
 Kathy Helmke 9
 Lynda Haile 13
 Evie Montemayor 24
 Bel Rocha 24
 Kathy Moran 31

Mission Statement

The Delta Kappa Gamma
 Society International promotes
 Professional and personal
 Growth of women educators and
 Excellence in education.

Newsletter Graphics
 clker.com—publicdomainvector.org—clipart
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New Texas State
 President

Bonnie Moore

Vision Statement

Leading Women Educators
Impacting Education Worldwide

Beta Tau Officers

PRESIDENT	Myrna Burkes
1st VICE PRESIDENT	Teresa Lowrance
2nd VICE PRESIDENT	Roberta Carlson
TREASURER	Scotta Williams
RECORDING SECRETARY	Suzette Price
CORRESPONDING SECRETARY	Kathy Helmke
PARLIAMENTARIAN	Jeannette Ferguson

We're on the Web!

<http://deltakappagamma.org/TX-betatau/>