

Beta Tau NEWSLETTER



S *ee*k new members and opportunities

O *pen* your heart, mind, and attitude

A *ct* to serve and share

R *each* to renew, respond, and relate

MYRNA'S MEMO

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Dear Sisters,

Hello, Sisters! It's beginning to feel like fall (in the mornings anyway) and time is flying by. My mother always told me that the older we get, the faster the days go by. I'm really feeling older.

I know our active teachers are getting into the swing of things and probably looking toward Thanksgiving. I loved teaching, but I still remember that home stretch to the holidays and a little down time, especially during the first semester. May God bless you all!

I would like to share a brief update on my daughter, Beth. She has been assigned an oncologist at M.D. Anderson, made several trips over the last two weeks, gone through additional tests and a more extensive biopsy. As I shared at our September meeting she has been diagnosed with Type B Cell Follicular Lymphoma. He is concerned as earlier tests showed the lymph glands are mutating into masses. He will be updating Beth and family of his diagnosis and her treatment program October 9. Please continue to keep Beth and family in your prayers. In addition, my older brother's wife has been diagnosed with breast cancer. Cancer has hit us hard over the last few months considering we've had no family history of this disease as far as we know.

Beta Tau Newsletter

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Remember the Beta Tau 2024-2025 meeting schedule will be in our monthly newsletter. Please check the schedule for dates, times and meetings. I am hoping to have some of our updated brochures available at our October meeting. I'm so thankful for all of you and can't tell you how your love and support sustain me. A quick way to reach me is by text rather than email. I am trying to check emails daily.

Remember, each day is a gift, so let's make it count. See y'all soon.

210-602-380. Sisters through Beta Tau, Myrna. mimibetatau@gmail.com

OCTOBER MEETING

During our October meeting we will be participating in chair yoga. Wear stretchy comfortable clothing and bring a willing spirit. Remember, your pose is your pose - whatever you can do is fine. Stretching is so important to retain our physical abilities and that all important balance.

See you October 19th at 10!



2025 TSO Leadership Seminar - Lead to New Heights

The TSO Leadership Seminar is designed to develop and enhance Texas State members' leadership, communication, and management skills. Whether you are a seasoned leader or an aspiring novice ready to take on new challenges, the Leadership Seminar provides the tools and support necessary to achieve your goals. Invest in your personal and professional growth and help shape the future of DKG leadership.

Apply today! The application is on dkgtexas.org under Resources > Forms. The application and recommendation letter are due NO LATER than **October 15th at 11:59 p.m. Central.** Several of our members have attended this seminar. For an inside view talk to Scotta Williams, Cathy Criner or Jeanette Pierce.

Check out Beta Tau's Website
<http://deltakappagamma.org/TX-betatau/>

Texas State Convention Denton June 24-27, 2025

Make plans now for attending the state convention in Denton in June. Room with another member and get to know them very well! Fun and learning go on every day. Interesting vendors have displays of their wares. Meet DKG members from around the state. Get a look at what state officers do, and you may wish to volunteer on that level. Be in the state choir. CPU are available for notated courses. The chapter pays the \$50 registration fee. If you prefer, what happens in Denton, stays in Denton!

September Meeting



Area 6 coordinator, Evelyn Cobarruvias, visits with Scotta Williams.



Cindy Parisher and Carol Burket visit before the meeting.

SAVE THE DATE

<p>October 19, 2024 10:00 a.m. Social-Business Meeting Speaker- Kathy Moran - chair yoga</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches Rd. 78217</p>
<p>November 16, 2024 10:00 a.m. Wear your favorite hat Social Meeting Red Bowl Auction</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches Rd. 78217</p>
<p>December 14, 2024 10:00 a.m. "Silver Scholarship Social" Homemade Cookie Exchange Social-Business Meeting Induction Ceremony</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches Rd. 78217</p>
<p>January 11, 2025 11:00 a.m. Happy 89th Birthday Beta Tau Speaker – TSO President Bonnie Moore Social Meeting</p>	<p>The Silo Restaurant 434 N. Loop 1604W 78232</p>
<p>February 8, 2025 10:00 a.m. Social-Business Meeting Gamma Upsilon Chapter Visit Presenter - Cathy Criner STAR</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches 78217</p>
<p>March 22, 2025 11:00 a.m. Socia-Business Meeting Key Women Educator Awards</p>	<p>La Fonda Restaurant Alamo Heights 8633 Crownhill Blvd. 78209</p>
<p>April 26, 2025 10:00 a.m. Social-Business Meeting Presenter - To be announced</p>	<p>MacArthur Park Lutheran Church 2903 Nacogdoches 78217</p>



September Meeting Minutes

Beta Tau Chapter Delta Kappa Gamma

Mac Arthur Park Lutheran Church

2903 Nacogdoches Road

San Antonio, Texas 78217

September 14, 2024

President Myrna Burkes called the meeting to order at 10:22 a.m. and welcomed members in attendance. Roberta Carlson reminded guests to sign in and handed out raffle tickets to all in attendance. In attendance was a total number of 21 including visitors and guests. Special guest in attendance was Evelyn Cobarruvias, DKG Area Coordinator. Ruby Lopez announced “Books a Book”. President Myrna Burkes announced that moving forward the new price for books would be \$3.00 and puzzles would be sold for \$5.00.

Brenda Kruger gave an inspirational devotional and invited guests to pray together.

President Myrna Burkes welcomed prayer requests from guests.

- Jeanette Ferguson-husband Martin health issues (back surgery)
- Carolyn Dahlgren- safe traveling mercies trip to Colorado visiting brother
- Myrna’s family-continued comfort for loss of brother, Amy (daughter) lupus, Beth (health issues, lymphoma)

Ann Morales will be returning soon to be active in DKG.

Dawn Fennerty, guest speaker, spoke to members on healthy living and self-care.

Scotta Williams gave the treasurer’s report and presentation of 24-25 budget. At 11:37 Jeanette Pierce moved for members to pay money (cash or check, cash app) ahead of time for events and that the money would be returned when the member fulfills attendance for the event. If the attendance is not met, the money would be withheld. If a member could find a replacement for the event this would be acceptable with advanced notice. Cindy Kosub seconded the motion. Members voted, the majority was in favor of the budget and motion accepted.

Scotta Williams passed out member profile sheets to be reviewed and turned back in when correct and complete.

Jeanette Pierce gave a scholarship report update. She requested that all members go to State Board of Education website (District 3, Marissa Perez) and reject the Bluebonnet curriculum.

Roberta Carlson (representing Carolyn Dahlgren) presented Master Educator Award to Oribel d. Rocha.

*The business meeting was adjourned at 12:20 p.m.

Respectfully submitted by: Oribel d. Rocha

BETA TAU/CAM BACKPACK PROJECT

Once again, Beta Tau came through beautifully in our Backpack Project for the Christian Assistance Ministries! Sixteen members participated to sponsor thirteen backpacks!

Thanks to all who participated in this worthy endeavor!! Your time and financial contributions are truly a blessing for many children and their families.

Cindy Kosub heads up this project every year. Thank you, Cindy, for coordinating our efforts.



Kirby Montgomery models with one of the backpacks Beta Tau provided to CAM to help students get back to school with all necessary supplies. Good work, Beta Tau!

North East Council of PTA Clothes Closet

Beta Tau has chosen as one of its service projects a gently used clothing drive for the North East Council of PTA Clothes Closet.

Teressa Lowrance will collect these items in a bin during our meetings at the church.

How it works: families will be confidentially referred by school personnel. School personnel will provide a voucher for each student in the family. The family will be able to shop at no cost at the closet for the following items: 5 tops, 5 bottoms, 5 new socks and 5 new underwear (per semester) and 3 coats or jackets per school year. Remember, all underwear and socks are to be new and in the package.

MEETING PICTURES



The lovely Ruby Lopez was our greeter and Buck a Book tender as well as puzzle master.



Members provided a wonderful array of tasty food for our luncheon.



Kathy Moran sat at Teresa Lowrance's table of visitors, Dawn Fenerty who presented wellness ideas and Emily Finnely, a teacher at Roosevelt.

(L to R) Ginny Stowell, Brenda Krueger and Patsy Raney were table mates at the September meeting.



Carolyn Smith and Suzette Price (our intrepid photographer) find time to pose.



Lola Hill, Ann Carter and Cindy Kosub smile for Suzette.

Favorite Recipes From Carolyn Dahlgren

Chocolate Rum Cake

1-18.5 oz package yellow cake mix
1 T vanilla
1-8 oz sour cream
1/4 c dark rum
1 c semi sweet chocolate chips divided
Powdered sugar

1-3.9 oz package instant chocolate
pudding
4 eggs
1/2 c. Oil
1 c chopped pecans divided

Mix the ingredients (cake mix, pudding, vanilla, eggs, sour cream & rum) for 3 minutes on medium speed. Add half a cup of chocolate chips and a half a cup nuts, beat for 2 more minutes. Fold in remaining chocolate chips & nuts. Batter will be very, very stiff. Pour into greased and floured tube or Bundt pan. Bake at 350 degrees for 1 hour or until toothpick comes out clean. Cool for 30 minutes before taking it out of pan. Cool completely and dust with powdered sugar. YUMMY!!!!!!

Sweet Potato Casserole

3 c. Mashed canned or fresh sweet potatoes
2 eggs beaten
1/3 c milk

1 c. Sugar
1 t vanilla
1/2 c melted butter

Topping:

1 c. Brown sugar
1/3 c. Melted butter

1/3 c flour
1 c. Chopped pecans

Mix first 6 ingredients together & pour into greased 2 quart casserole. Stir together topping ingredients and sprinkle on top of sweet potato casserole. Bake 30 minutes at 350 degrees. 6-8 servings.

If anyone tries any of our recipes, send us a picture!

Member News

Our past president, Gloria Ann Morales, is president of the ATDA (Alliance to the Texas Dental Association) for 2024-2025. Her theme is Adjusting Our Sails. Congratulations, Ann!



Keep Kathy Helmke and husband in your prayers for the knee replacement her husband recently underwent.

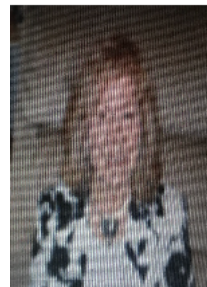


Remember Jeannette Ferguson's husband, Martin, back issues in prayer.



Remember Myrna Burkes daughter, Beth, and family in their lymphoma battle.

Bel Rocha (center) received her Master Teacher award from Roberta Carlson and Myrna Burkes.



Lola Hill has been in touch with Mary Hale, a former Beta Tau member, who lives in North Carolina now. She is fine. They only had about 3 inches of rain. Let us continue to hold affected areas up in prayer.

Please remember to send prayer requests and good news to the editor, Kathy Moran, president, Myrna Burkes, and corresponding secretary, Ginny Stowell.



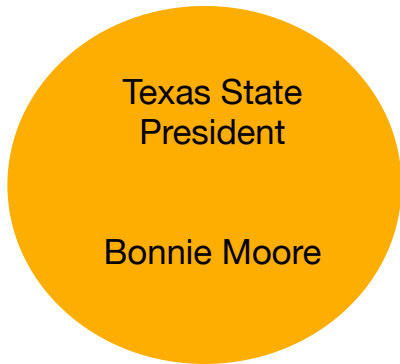
HAPPY OCTOBER BIRTHDAY!

Ann Carter	16
Laura Lopez	18
Liz Lujan	20
Phyllis Malone	30

Mission Statement

The Delta Kappa Gamma Society International promotes Professional and personal Growth of women educators and Excellence in education.

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Texas State President

Bonnie Moore

Vision Statement

Leading Women Educators
Impacting Education Worldwide

Type to enter text

Beta Tau Officers

PRESIDENT	Myrna Burkes
1st VICE PRESIDENT	Teressa Lowrance
2nd VICE PRESIDENT	Kay Aguilar
TREASURER	Scotta Williams
RECORDING SECRETARY	Bel Rocha
CORRESPONDING SECRETARY	Ginny Stowell
PARLIAMENTARIAN	Jeannette Ferguson

We're on the Web!

<http://deltakappagamma.org/TX-betatau/>